

## K-8, MIDDLE SCHOOL LUNCH MENU



## •• August 7-11 •••••

Monday
BBQ Pork Sandwich
Turkey Sub w. Fixins
РВЈ
Baked Beans
Seasoned Fries
Frozen Smooth Juice Cup Bluerasp Lemon or Straw Mango
Seasonal Fresh Fruit
Milk

Tuesday
Southern Style Chicken Sandwich
Cheeseburger
Cheese Pizza
Carrots, Baby w. Dip
Potato Wedges
Fresh Peaches
Seasonal Fresh Fruit
Milk

Thursday
Country Fried Steak Sandwich
Hotdog on Bun
Pepperoni Pizza
Coleslaw, KFC Style
Sweet Potato Bites
Fresh Melon
Seasonal Fresh Fruit
Milk

Friday
Tangerine Chicken w. Fried Rice
Choice of Sub w/Fixins
РВЈ
Cucumber & Tomato Salad
Seasoned Broccoli
Seasonal Fresh Fruit
Seasonal Fresh Fruit
Milk

OFFER VS SERVE -- Must have 3 different components, at least 1/2 cup fruit or vegetable. May have meat and grain, 2 veggies, 2 fruit, milk

## · August 14-18 ····

Monday
Kickin' Chicken
Sandwich
Hamburger
РВЈ
California Blend
French Fries CC
RIPS, Frozen Juice Treat
Seasonal Fresh Fruit
Milk

Tuesday
Popcorn Chicken w. 1G Roll
Ham & Cheese Sub
w. Fixins
Buffalo Chicken Pizza
Mashed Potatoes
Peas and Carrots
Fresh Peaches
Seasonal Fresh Fruit
Milk

Wednesday
Beef and Cheese Nachos
Bento Box
РВЈ
Corn, Mexican
Beans, Cheesy Dip
Fresh Watermelon
Seasonal Fresh Fruit
Milk

Thursday
Muffin and Yogurt Plate
Pepperoni French Bread
Pizza
Turkey Sub w. Fixins
Crisp Garden Salad
Glazed Carrots
Seasonal Fresh Fruit
Seasonal Fresh Fruit
Milk

Friday
Cherry Blossom Chicken w. Fried Rice
Fish Sandwich
РВЈ
Asst Cookies
Seasoned Fries
Red Peppers/Grape Tomatoes /Cucumbers
Seasonal Fresh Fruit
Seasonal Fresh Fruit
Milk

Offer Vs Serve -- Must have 3 different components, at least 1/2 cup fruit or vegetable. May have meat and grain, 2 veggies, 2 fruit, milk

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