

## **CONDIMENT CARB COUNT**



## **Condiment Carb Listing**

Dressings	g
Cesar, 2 T	0
Jalapeno Ranch, 1 oz	1
Honey French, 1 oz	18
Honey Mustard, 1 oz	9
Italian, individual pack	2
Ranch, 1 oz individual cups	7
Thousand Island, individual pack	4

## **Sauces and Sides Condiments**

Dressings	g
BBQ, individual pack	4
Boom Boom, 2 T	3
Duck, individual pack	4
Hot Sauce, individual pack	0
Ketcup, individual pack	4
Margarine, individual	0
Mayonaise, individual pack	1
Mustard, individual pack	0
Pickles, 1 spear	1
Relish, individual pack	2
Salsa, 1/4 cup	4
Sour Cream, individual pack	1
Soy, light, individual pack	1
Sweet-N-Sour, 1 T	7
Tarter, individual pack	3

## Breakfast

Dressings	g
Jelly, individual packs	
Apple	9
Grape	10
Strawberry	9
Syrup, individual pack	32

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