

Base Menu Spreadsheet

Portion Values

Dec 3, 2018 thru Mar 1, 2019

Menu Name: LUNCH K8

Include Cost: No

Site:

Report Style: Detailed

Monday - 12/03/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990329 SALAD, CRISPY CHICKEN ES/MS	1 SALAD	1	238	514	4	9.96	19.98	3.57	20.07
990066 BREADSTICK	BREADSTICK	1	67	83	2	0.83	11.67	0.83	1.67
990063 PIZZA, FOUR CHEESE	1 SLICE	1	370	490	9	16.00	35.00	3.00	21.00
990283 FIESTA HAMBURGER MAC BAKE	1 CUP	1	408	335	*3	17.00	48.43	*5.60	35.66
990250 OKRA, BREADED OVENABLE	3.2 OZ (17 PC)	1	179	219	2	6.98	23.93	3.99	2.99
990122 CARROTS, SWEET GLAZED 1/2 CUP	1/2 CUP	1	57	66	*9	1.26	*11.44	*2.69	*0.64
990264 RIPS, KIWI STRAWBERRY	1 PIECE	1	4320	1080	864	0.00	1080.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

990265 RIPS, ORANGE MANGO	1 POUCH	1	60	15	12	0.00	15.00	0.00	0.00
Weighted Daily Average			6525	3804	*1017	57.26	*1376.91	*22.36	*138.53
% of Calories					*62.3%	7.9%	*84.4%		*8.5%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Tuesday - 12/04/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990188 CHILI CON CARNE WITH BEANS 1 CUP	1 CUP	1	361	1132	*11	14.13	40.52	12.89	62.37
990019 CHICKEN, SANDWICH KICKIN	1 EACH	1	340	590	*0	10.00	41.00	4.00	25.00
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990058 POTATO, FRESH BAKED	1/2 Each	1	168	11	1	0.17	38.49	2.77	4.56
000442 BROCCOLI,	1/2 c.	1	25	26	*1	0.94	*2.70	*2.02	*2.02

Base Menu Spreadsheet

Portion Values

SEASONED									
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	75	1	18	0.10	19.62	1.00	0.52
990389 CRACKERS, SALTINE, Wholegrain,	3 pkgs	1	90	195	0	2.25	13.50	0.00	3.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0	0.27	3.58	1.23	0.84
990398 MARGARINE, INDIVIDUAL	pack	1	25	40	0	2.50	0.00	0.00	0.00
990399 SOUR CREAM, IND.	POUCH	1	61	15	1	5.06	1.01	0.00	1.01
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
Weighted Daily Average			2594	3623	*162	69.65	*358.77	*35.39	*172.62
% of Calories					*25.0%	24.2%	*55.3%		*26.6%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Wednesday - 12/05/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00

Base Menu Spreadsheet

Dec 3, 2018 thru Mar 1, 2019

Portion Values

000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990120 CHICKEN, AUGUSTA SPRINGS	1/2 CUP	1	381	559	*10	127.58	14.26	0.37	26.03
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	68	2	1.50	14.01	1.50	3.50
990062 PIZZA, FRENCH BREAD, PEPPERONI	EACH	1	11	24	0	0.42	1.20	0.11	0.60
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990060 POTATO, SWEET FRIES 1/2 CUP	1/2 CUP	1	145	196	7	4.35	24.65	2.90	0.72
990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	308	*1	0.44	*4.46	*2.97	*1.48
001263 APPLESAUCE, ROSY	HALF CUP	1	123	57	28	0.00	31.54	1.03	1.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
Weighted Daily Average			1608	2314	*164	139.52	*224.58	*11.55	*89.83
% of Calories					*40.8%	78.1%	*55.9%		*22.3%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Thursday - 12/06/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990270 BAKED SPAGHETTI	1 CUP	1	370	504	*5	15.05	38.56	*4.89	51.08
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990383 SUB, HOT TURKEY & SWISS ES/MS	SANDWICH	1	281	413	*4	10.56	30.89	3.85	17.14
990263 SUB FIXINS	EACH	1	18	858	*1	0.20	4.09	1.43	0.70
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990070 SALAD, CRISP GARDEN	1 CUP	1	24	19	*1	0.37	4.84	2.35	1.84
990178 POTATO WEDGES, SEASONED 1/2 CUP	1/2 CUP	1	104	290	0	5.20	13.36	1.48	1.48
990196 ORANGES, MANDARIN CN	1/2 CUP	1	36	5	8	0.04	8.89	1.13	0.71
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990397 DRESSING, RANCH, POUCH 12GM	POUCH	1	60	90	0	6.00	1.00	0.00	0.00
990394 DRESSING, 1000 ISLAND, POUCH 12GM	POUCH	1	60	95	2	6.00	2.00	0.00	0.00
990395 DRESSING, FRENCH, POUCH 12GM	POUCH	1	50	200	3	4.50	3.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Dec 3, 2018 thru Mar 1, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990396 DRESSING, ITALIAN, POUCH 12GM	POUCH	1	5	100	1	0.00	1.00	0.00	0.00
Weighted Daily Average			2455	4325	*156	82.13	309.49	*26.62	146.75
% of Calories					*25.4%	30.1%	50.4%		23.9%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Friday - 12/07/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
001265 CATFISH STRIPS USDA	2 STRIPS	1	186	350	0	9.99	12.00	0.00	15.99
001413 HUSHPUPPIES, 3 PIECE	3 EACH	1	190	240	2	10.00	22.00	2.00	2.00
001444 TURKEY, HOTDOG	2 oz	1	200	790	*N/A*	9.50	20.00	2.00	10.00
990227 YOGURT &	SERVING	1	419	502	34	14.91	59.92	2.00	14.92

Base Menu Spreadsheet

Portion Values

MUFFIN PLATE (APPLE CINNAMON)									
990228 YOGURT & MUFFIN PLATE (BANANA MUFFIN)	SERVING	1	409	462	35	12.92	60.92	2.00	13.92
990112 YOGURT & MUFFIN PLATE (CHOCOLATE MUFFIN)	SERVING	1	267	338	23	9.52	35.55	0.80	11.52
001118 COLESLAW (KFC STYLE) 1/2 CUP	1/2 CUP	1	64	132	*6	3.08	8.91	*0.94	0.89
990068 BEANS, BAKED	1/2 CUP	1	111	266	11	0.00	23.30	4.44	3.33
000064 APPLE CRISP	5 x 10	1	200	*100	*18	*7.94	*30.53	*2.38	*2.42
990393 PICKLE RELISH,SWEET IND	POUCH	1	10	55	2	0.00	2.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990392 SAUCE,TARTAR INDV	POUCH	1	25	85	1	2.50	1.00	0.00	0.00
Weighted Daily Average			2920	*4474	*247	*85.58	*411.08	*19.22	*131.99
% of Calories					*33.8%	*26.4%	*56.3%		*18.1%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Monday - 12/10/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00

Base Menu Spreadsheet

Portion Values

FREE PET									
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990138 COUNTRY FRIED STEAK WITH GRAVY	1 EACH	1	513	1644	1	24.34	50.02	2.00	14.00
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	68	2	1.50	14.01	1.50	3.50
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	202	382	0	9.00	11.10	1.00	18.40
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	170	217	*11	7.38	*23.22	3.20	4.94
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	164	213	*10	7.00	22.56	3.20	4.88
990269 BENTO BOX-MOZZARELLA CHEESE	1 BOX	1	166	252	*10	7.12	23.61	3.10	5.42
000434 PEAS, BLACKEYE USDA 1/2 CUP	1/2 CUP	1	142	270	*1	4.85	*19.35	*4.14	*6.46
990379 LIMA BEANS, CANNED	1/2 cup	1	104	169	*0	0.51	*18.91	*6.06	*6.14
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	58	9	12	0.00	14.25	1.16	0.02
Weighted Daily Average			2431	4226	*160	66.94	*328.52	*28.04	*120.26
% of Calories					*26.3%	24.8%	*54.1%		*19.8%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Tuesday - 12/11/2018

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990406 POT PIE, CHICKEN	8 OZ	1	419	1138	*6	21.56	39.76	3.63	23.21
000145 CHEESEBURGER	EACH	1	371	754	*2	20.06	29.02	3.00	22.07
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0	0.27	3.58	1.23	0.84
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990370 VEGGIES w/ HUMMUS, RED PEPPERS AND CUCUMBER	1/2 CUP	1	156	171	6	10.15	*9.17	7.52	3.45
990202 BROCCOLI, RANCH	1/2 CUP	1	28	121	*1	0.00	4.67	*3.20	3.20
990335 SIDEKICKS, BLUE RASPBERRY	1 PORTION CUP	1	80	45	19	0.00	20.00	0.00	0.00
990336 SIDEKICKS, STRAWBERRY KIWI	1 PORTION CUP	1	80	45	19	0.00	20.00	0.00	0.00
990337 SIDEKICKS, STRAWBERRY MANGO	1 PORTION CUP	1	80	45	19	0.00	20.00	0.00	0.00
990235 SAUCE, KETCHUP, IND	2 PK	1	4	1	0	0.02	0.77	0.11	0.45

Base Menu Spreadsheet

Portion Values

990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
Weighted Daily Average			2672	4172	*202	86.28	*345.82	*30.16	127.02
% of Calories					*30.2%	29.1%	*51.8%		19.0%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Wednesday - 12/12/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990064 SANDWICH, PORK BBQ (USDA)	SANDWICH	1	419	463	*N/A*	19.00	42.00	2.00	22.00
001057 SANDWICH, GRILLED CHEESE	1 each	1	370	956	*2	20.78	30.12	4.00	18.19
990076 PIZZA, FOUR MEAT	1 SLICE	1	370	650	9	17.00	36.00	3.00	20.00
990091 SOUP, TOMATO BASIL	1/2 CUP	1	101	505	*6	1.94	16.61	4.57	5.37

Base Menu Spreadsheet

Portion Values

000289 STRAWBERRY DELIGHT	1/2 cup	1	173	0	36	1.00	39.17	2.01	1.00
990410 POTATO, AU GRATIN	1/2 CUP	1	97	517	2	*N/A*	19.39	1.62	2.42
Weighted Daily Average			2356	4094	*168	*64.94	314.75	*19.87	125.49
% of Calories					*28.5%	*24.8%	53.4%		21.3%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Thursday - 12/13/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	340	690	*2	10.00	40.00	3.00	25.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0	0.27	3.58	1.23	0.84
990404 TURKEY TETRAZZINI	5 x 5	1	278	711	*2	11.03	*26.38	*2.93	*19.35

Base Menu Spreadsheet

Portion Values

000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990272 CAULIFLOWER, CHEESY	1/2 CUP	1	94	192	2	8.22	5.52	2.28	8.18
000271 PEAS, GREEN, CANNED, 1/2 CUP	1/2 cup	1	100	247	*6	1.78	*15.61	*5.65	*5.65
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	75	1	18	0.10	19.62	1.00	0.52
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
Weighted Daily Average			2351	3793	*161	65.63	*312.55	*27.56	*133.34
% of Calories					*27.4%	25.1%	*53.2%		*22.7%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Friday - 12/14/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990132 SANDWICH, FISH	1 SANDWICH	1	280	510	*1	8.00	41.00	4.00	18.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	700	9	14.00	27.00	1.00	10.00
990121 SALAD, CUCUMBER & TOMATO	1/2 CUP	1	75	132	*6	4.58	9.23	*0.88	0.93
990052 POTATO, FRENCH FRIES 1/2 CUP	.5 CUP	1	96	24	0	3.60	15.21	1.60	1.60
001262 PEARS, ROSY	HALF CUP	1	30	0	*0	0.00	0.00	0.00	7.78
990392 SAUCE, TARTAR INDV	POUCH	1	25	85	1	2.50	1.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
Weighted Daily Average			1666	2688	*132	41.90	228.41	*10.15	95.30
% of Calories					*31.7%	22.6%	54.8%		22.9%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Monday - 12/17/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990360 BURRITO BOWL, BEEF (ELEMENTARY/MIDDLE)	1 SERVING	1	344	327	*1	17.96	23.38	*2.19	17.62
990407 BLACK BEAN QUESO AND CHIPS	4 OZ	1	456	747	1	21.00	50.47	7.33	17.47
990077 PIZZA, PEPPERONI	1 SLICE	1	370	560	9	17.00	35.00	3.00	21.00
990089 BEANS, CHEESY DIP W. CHIPS	1/2 CUP	1	241	367	3	6.73	31.15	9.91	13.03
990366 CORN, SEASONED, CANNED	1/2 CUP	1	128	58	*4	5.02	*22.14	*2.92	*2.92
990196 ORANGES, MANDARIN CN	1/2 CUP	1	36	5	8	0.04	8.89	1.13	0.71
Weighted Daily Average			2401	3066	*140	72.97	*302.51	*29.16	*129.25
% of Calories					*23.3%	27.4%	*50.4%		*21.5%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Tuesday - 12/18/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK,	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

CHOCOLATE SKIM									
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990136 MEATLOAF, BROWN SUGAR GLAZE	1 EACH	1	313	535	*3	17.00	11.22	0.50	26.00
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3	2.50	24.00	5.00	6.00
990413 SANDWICH, OPEN-FACED TURKEY	SANDWICH	1	256	527	*3	9.96	25.52	3.28	17.49
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990310 CABBAGE, SEASONED	1/2 CUP	1	23	233	*0	0.85	*3.70	*1.56	*0.98
001075 POTATO, MASHED	1/2 CUP	1	33	43	*0	2.23	*2.62	*0.11	*0.22
001543 GRAVY, BROWN, PREPARED	1/4 CUP	1	28	197	*1	0.00	4.06	0.00	1.62
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	13.99	0.99	0.00
Weighted Daily Average			2235	3244	*150	62.75	*283.46	*22.91	*125.61
% of Calories					*26.8%	25.3%	*50.7%		*22.5%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Wednesday - 12/19/2018

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990409 CHICKEN N WAFFLES (TENDERS)	1 EACH	1	502	732	12	22.00	54.10	4.00	22.40
000509 SYRUP, IND PK	1.5 oz	1	160	45	16	0.00	31.00	0.00	0.00
990412 MACARONI & CHEESE	4 OZ	1	261	359	*3	15.92	*17.50	*1.31	*13.13
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	68	2	1.50	14.01	1.50	3.50
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000523 SWEET POTATO SOUFFLE	1/2 CUP	1	157	74	*21	3.56	*29.64	*1.51	*0.76
990290 COLLARD GREENS, SOUTHERN	1/2 CUP	1	83	199	*3	2.53	9.60	2.32	2.86
990081 RAISELS, SOUR FRUIT PUNCH	1 BOX	1	140	0	27	0.00	35.00	1.00	1.00
990082 RAISELS, SOUR ORANGE	1 BOX	1	130	0	28	0.00	35.00	1.00	1.00
990083 RAISELS, SOUR WATERMELON	1 BOX	1	140	0	27	0.00	35.00	1.00	1.00
990419 CIDER, APPLE	1 CUP	1	154	25	29	2.04	34.24	0.41	0.16

Base Menu Spreadsheet

Portion Values

Dec 3, 2018 thru Mar 1, 2019

Weighted Daily Average		2637	2505	*281	52.77	*426.56	*16.72	*102.31
% of Calories				*42.6%	18.0%	*64.7%		*15.5%
Weekly Nutrient Guideline		600 - 650	1230		<=0			

Thursday - 12/20/2018

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
001219 CASSEROLE, CHICKEN & RICE	1 cup	1	237	512	*1	7.18	24.99	*0.60	17.88
990354 SUB, HOT ITALIAN ES/MS	1 SANDWICH	1	339	747	*7	13.94	36.66	4.35	16.83
990054 SALAD, ROMAINE & SPINACH	1 CUP	1	30	56	2	0.48	5.49	2.94	2.81
001049 VEGETABLES, CALIFORNIA BLEND	1/2 cup	1	27	30	*2	0.94	*3.02	*1.21	*0.60
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990394 DRESSING, 1000	POUCH	1	60	95	2	6.00	2.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

ISLAND, POUCH 12GM									
990395 DRESSING, FRENCH, POUCH 12GM	POUCH	1	50	200	3	4.50	3.00	0.00	0.00
990396 DRESSING, ITALIAN, POUCH 12GM	POUCH	1	5	100	1	0.00	1.00	0.00	0.00
990397 DRESSING, RANCH, POUCH 12GM	POUCH	1	60	90	0	6.00	1.00	0.00	0.00
Weighted Daily Average			1753	2833	*130	44.26	*237.78	*15.75	*94.62
% of Calories					*29.7%	22.7%	*54.3%		*21.6%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Monday - 01/07/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990329 SALAD, CRISPY CHICKEN ES/MS	1 SALAD	1	238	514	4	9.96	19.98	3.57	20.07
990066 BREADSTICK	BREADSTICK	1	67	83	2	0.83	11.67	0.83	1.67

Base Menu Spreadsheet

Dec 3, 2018 thru Mar 1, 2019

Portion Values

990063 PIZZA, FOUR CHEESE	1 SLICE	1	370	490	9	16.00	35.00	3.00	21.00
990283 FIESTA HAMBURGER MAC BAKE	1 CUP	1	408	335	*3	17.00	48.43	*5.60	35.66
990250 OKRA, BREADED OVENABLE	3.2 OZ (17 PC)	1	179	219	2	6.98	23.93	3.99	2.99
990122 CARROTS, SWEET GLAZED 1/2 CUP	1/2 CUP	1	57	66	*9	1.26	*11.44	*2.69	*0.64
990264 RIPS, KIWI STRAWBERRY	1 PIECE	1	4320	1080	864	0.00	1080.00	0.00	0.00
990265 RIPS, ORANGE MANGO	1 POUCH	1	60	15	12	0.00	15.00	0.00	0.00
Weighted Daily Average			6525	3804	*1017	57.26	*1376.91	*22.36	*138.53
% of Calories					*62.3%	7.9%	*84.4%		*8.5%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Tuesday - 01/08/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49

Base Menu Spreadsheet

Dec 3, 2018 thru Mar 1, 2019

Portion Values

990188 CHILI CON CARNE WITH BEANS 1 CUP	1 CUP	1	361	1132	*11	14.13	40.52	12.89	62.37
990019 CHICKEN, SANDWICH KICKIN	1 EACH	1	340	590	*0	10.00	41.00	4.00	25.00
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990058 POTATO, FRESH BAKED	1/2 Each	1	168	11	1	0.17	38.49	2.77	4.56
000442 BROCCOLI, SEASONED	1/2 c.	1	25	26	*1	0.94	*2.70	*2.02	*2.02
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	75	1	18	0.10	19.62	1.00	0.52
990389 CRACKERS, SALTINE, Wholegrain,	3 pkgs	1	90	195	0	2.25	13.50	0.00	3.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0	0.27	3.58	1.23	0.84
990398 MARGARINE, INDIVIDUAL	pack	1	25	40	0	2.50	0.00	0.00	0.00
990399 SOUR CREAM, IND.	POUCH	1	61	15	1	5.06	1.01	0.00	1.01
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
Weighted Daily Average			2594	3623	*162	69.65	*358.77	*35.39	*172.62
% of Calories					*25.0%	24.2%	*55.3%		*26.6%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Wednesday - 01/09/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK.	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

CHOCOLATE SKIM									
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990120 CHICKEN, AUGUSTA SPRINGS	1/2 CUP	1	381	559	*10	127.58	14.26	0.37	26.03
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	68	2	1.50	14.01	1.50	3.50
990062 PIZZA, FRENCH BREAD, PEPPERONI	EACH	1	11	24	0	0.42	1.20	0.11	0.60
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990060 POTATO, SWEET FRIES 1/2 CUP	1/2 CUP	1	145	196	7	4.35	24.65	2.90	0.72
990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	308	*1	0.44	*4.46	*2.97	*1.48
001263 APPLESAUCE, ROSY	HALF CUP	1	123	57	28	0.00	31.54	1.03	1.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
Weighted Daily Average			1608	2314	*164	139.52	*224.58	*11.55	*89.83
% of Calories					*40.8%	78.1%	*55.9%		*22.3%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Thursday - 01/10/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990270 BAKED SPAGHETTI	1 CUP	1	370	504	*5	15.05	38.56	*4.89	51.08
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990383 SUB, HOT TURKEY & SWISS ES/MS	SANDWICH	1	281	413	*4	10.56	30.89	3.85	17.14
990263 SUB FIXINS	EACH	1	18	858	*1	0.20	4.09	1.43	0.70
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990070 SALAD, CRISP GARDEN	1 CUP	1	24	19	*1	0.37	4.84	2.35	1.84
990178 POTATO WEDGES, SEASONED 1/2 CUP	1/2 CUP	1	104	290	0	5.20	13.36	1.48	1.48
990196 ORANGES, MANDARIN CN	1/2 CUP	1	36	5	8	0.04	8.89	1.13	0.71
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990397 DRESSING,	POUCH	1	60	90	0	6.00	1.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

RANCH, POUCH 12GM									
990394 DRESSING, 1000 ISLAND, POUCH 12GM	POUCH	1	60	95	2	6.00	2.00	0.00	0.00
990395 DRESSING, FRENCH, POUCH 12GM	POUCH	1	50	200	3	4.50	3.00	0.00	0.00
990396 DRESSING, ITALIAN, POUCH 12GM	POUCH	1	5	100	1	0.00	1.00	0.00	0.00
Weighted Daily Average			2455	4325	*156	82.13	309.49	*26.62	146.75
% of Calories					*25.4%	30.1%	50.4%		23.9%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Friday - 01/11/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
001265 CATFISH STRIPS USDA	2 STRIPS	1	186	350	0	9.99	12.00	0.00	15.99
001413 HUSHPUPIES, 3 PIECE	3 EACH	1	190	240	2	10.00	22.00	2.00	2.00

Base Menu Spreadsheet

Dec 3, 2018 thru Mar 1, 2019

Portion Values

001444 TURKEY, HOTDOG	2 oz	1	200	790	*N/A*	9.50	20.00	2.00	10.00
990227 YOGURT & MUFFIN PLATE (APPLE CINNAMON)	SERVING	1	419	502	34	14.91	59.92	2.00	14.92
990228 YOGURT & MUFFIN PLATE (BANANA MUFFIN)	SERVING	1	409	462	35	12.92	60.92	2.00	13.92
990112 YOGURT & MUFFIN PLATE (CHOCOLATE MUFFIN)	SERVING	1	267	338	23	9.52	35.55	0.80	11.52
001118 COLESLAW (KFC STYLE) 1/2 CUP	1/2 CUP	1	64	132	*6	3.08	8.91	*0.94	0.89
990068 BEANS, BAKED	1/2 CUP	1	111	266	11	0.00	23.30	4.44	3.33
000064 APPLE CRISP	5 x 10	1	200	*100	*18	*7.94	*30.53	*2.38	*2.42
990393 PICKLE RELISH, SWEET IND	POUCH	1	10	55	2	0.00	2.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990392 SAUCE, TARTAR INDV	POUCH	1	25	85	1	2.50	1.00	0.00	0.00
Weighted Daily Average			2920	*4474	*247	*85.58	*411.08	*19.22	*131.99
% of Calories					*33.8%	*26.4%	*56.3%		*18.1%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Monday - 01/14/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00

Base Menu Spreadsheet

Dec 3, 2018 thru Mar 1, 2019

Portion Values

000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990138 COUNTRY FRIED STEAK WITH GRAVY	1 EACH	1	513	1644	1	24.34	50.02	2.00	14.00
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	68	2	1.50	14.01	1.50	3.50
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	202	382	0	9.00	11.10	1.00	18.40
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	170	217	*11	7.38	*23.22	3.20	4.94
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	164	213	*10	7.00	22.56	3.20	4.88
990269 BENTO BOX-MOZZARELLA CHEESE	1 BOX	1	166	252	*10	7.12	23.61	3.10	5.42
000434 PEAS, BLACK EYE USDA 1/2 CUP	1/2 CUP	1	142	270	*1	4.85	*19.35	*4.14	*6.46
990379 LIMA BEANS, CANNED	1/2 cup	1	104	169	*0	0.51	*18.91	*6.06	*6.14
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	58	9	12	0.00	14.25	1.16	0.02
Weighted Daily Average			2431	4226	*160	66.94	*328.52	*28.04	*120.26
% of Calories					*26.3%	24.8%	*54.1%		*19.8%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Tuesday - 01/15/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990406 POT PIE, CHICKEN	8 OZ	1	419	1138	*6	21.56	39.76	3.63	23.21
000145 CHEESEBURGER	EACH	1	371	754	*2	20.06	29.02	3.00	22.07
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0	0.27	3.58	1.23	0.84
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990370 VEGGIES w/ HUMMUS, RED PEPPERS AND CUCUMBER	1/2 CUP	1	156	171	6	10.15	*9.17	7.52	3.45
990202 BROCCOLI, RANCH	1/2 CUP	1	28	121	*1	0.00	4.67	*3.20	3.20
990335 SIDEKICKS, BLUE RASPBERRY	1 PORTION CUP	1	80	45	19	0.00	20.00	0.00	0.00
990336 SIDEKICKS, STRAWBERRY KIWI	1 PORTION CUP	1	80	45	19	0.00	20.00	0.00	0.00
990337 SIDEKICKS, STRAWBERRY MANGO	1 PORTION CUP	1	80	45	19	0.00	20.00	0.00	0.00
990235 SAUCE, KETCHUP, IND	2 PK	1	4	1	0	0.02	0.77	0.11	0.45

Base Menu Spreadsheet

Dec 3, 2018 thru Mar 1, 2019

Portion Values

990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
Weighted Daily Average			2672	4172	*202	86.28	*345.82	*30.16	127.02
% of Calories					*30.2%	29.1%	*51.8%		19.0%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Wednesday - 01/16/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990064 SANDWICH, PORK BBQ (USDA)	SANDWICH	1	419	463	*N/A*	19.00	42.00	2.00	22.00
001057 SANDWICH, GRILLED CHEESE	1 each	1	370	956	*2	20.78	30.12	4.00	18.19
990076 PIZZA, FOUR MEAT	1 SLICE	1	370	650	9	17.00	36.00	3.00	20.00
990091 SOUP, TOMATO BASIL	1/2 CUP	1	101	505	*6	1.94	16.61	4.57	5.37

Base Menu Spreadsheet

Portion Values

000289 STRAWBERRY DELIGHT	1/2 cup	1	173	0	36	1.00	39.17	2.01	1.00
990410 POTATO, AU GRATIN	1/2 CUP	1	97	517	2	*N/A*	19.39	1.62	2.42
Weighted Daily Average			2356	4094	*168	*64.94	314.75	*19.87	125.49
% of Calories					*28.5%	*24.8%	53.4%		21.3%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Thursday - 01/17/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	340	690	*2	10.00	40.00	3.00	25.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0	0.27	3.58	1.23	0.84
990404 TURKEY TETRAZZINI	5 x 5	1	278	711	*2	11.03	*26.38	*2.93	*19.35

Base Menu Spreadsheet

Portion Values

000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990272 CAULIFLOWER, CHEESY	1/2 CUP	1	94	192	2	8.22	5.52	2.28	8.18
000271 PEAS, GREEN, CANNED, 1/2 CUP	1/2 cup	1	100	247	*6	1.78	*15.61	*5.65	*5.65
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	75	1	18	0.10	19.62	1.00	0.52
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
Weighted Daily Average			2351	3793	*161	65.63	*312.55	*27.56	*133.34
% of Calories					*27.4%	25.1%	*53.2%		*22.7%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Friday - 01/18/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990132 SANDWICH, FISH	1 SANDWICH	1	280	510	*1	8.00	41.00	4.00	18.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	700	9	14.00	27.00	1.00	10.00
990121 SALAD, CUCUMBER & TOMATO	1/2 CUP	1	75	132	*6	4.58	9.23	*0.88	0.93
990052 POTATO, FRENCH FRIES 1/2 CUP	.5 CUP	1	96	24	0	3.60	15.21	1.60	1.60
001262 PEARS, ROSY	HALF CUP	1	30	0	*0	0.00	0.00	0.00	7.78
990392 SAUCE, TARTAR INDV	POUCH	1	25	85	1	2.50	1.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
Weighted Daily Average			1666	2688	*132	41.90	228.41	*10.15	95.30
% of Calories					*31.7%	22.6%	54.8%		22.9%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Tuesday - 01/22/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990136 MEATLOAF, BROWN SUGAR GLAZE	1 EACH	1	313	535	*3	17.00	11.22	0.50	26.00
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3	2.50	24.00	5.00	6.00
990413 SANDWICH, OPEN-FACED TURKEY	SANDWICH	1	256	527	*3	9.96	25.52	3.28	17.49
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990310 CABBAGE, SEASONED	1/2 CUP	1	23	233	*0	0.85	*3.70	*1.56	*0.98
001075 POTATO, MASHED	1/2 CUP	1	33	43	*0	2.23	*2.62	*0.11	*0.22
001543 GRAVY, BROWN, PREPARED	1/4 CUP	1	28	197	*1	0.00	4.06	0.00	1.62
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	13.99	0.99	0.00
Weighted Daily Average			2235	3244	*150	62.75	*283.46	*22.91	*125.61
% of Calories					*26.8%	25.3%	*50.7%		*22.5%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Wednesday - 01/23/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990409 CHICKEN N WAFFLES (TENDERS)	1 EACH	1	502	732	12	22.00	54.10	4.00	22.40
000509 SYRUP, IND PK	1.5 oz	1	160	45	16	0.00	31.00	0.00	0.00
990412 MACARONI & CHEESE	4 OZ	1	261	359	*3	15.92	*17.50	*1.31	*13.13
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	68	2	1.50	14.01	1.50	3.50
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000523 SWEET POTATO SOUFFLE	1/2 CUP	1	157	74	*21	3.56	*29.64	*1.51	*0.76
990290 COLLARD GREENS, SOUTHERN	1/2 CUP	1	83	199	*3	2.53	9.60	2.32	2.86
990081 RAISELS, SOUR FRUIT PUNCH	1 BOX	1	140	0	27	0.00	35.00	1.00	1.00
990082 RAISELS, SOUR ORANGE	1 BOX	1	130	0	28	0.00	35.00	1.00	1.00

Base Menu Spreadsheet

Portion Values

Dec 3, 2018 thru Mar 1, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990083 RAISELS, SOUR WATERMELON	1 BOX	1	140	0	27	0.00	35.00	1.00	1.00
Weighted Daily Average			2483	2479	*252	50.73	*392.32	*16.31	*102.15
% of Calories					*40.6%	18.4%	*63.2%		*16.5%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Thursday - 01/24/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
001219 CASSEROLE, CHICKEN & RICE	1 cup	1	237	512	*1	7.18	24.99	*0.60	17.88
990354 SUB, HOT ITALIAN ES/MS	1 SANDWICH	1	339	747	*7	13.94	36.66	4.35	16.83
990054 SALAD, ROMAINE & SPINACH	1 CUP	1	30	56	2	0.48	5.49	2.94	2.81
001049 VEGETABLES,	1/2 cup	1	27	30	*2	0.94	*3.02	*1.21	*0.60

Base Menu Spreadsheet

Portion Values

CALIFORNIA BLEND									
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990394 DRESSING, 1000 ISLAND, POUCH 12GM	POUCH	1	60	95	2	6.00	2.00	0.00	0.00
990395 DRESSING, FRENCH, POUCH 12GM	POUCH	1	50	200	3	4.50	3.00	0.00	0.00
990396 DRESSING, ITALIAN, POUCH 12GM	POUCH	1	5	100	1	0.00	1.00	0.00	0.00
990397 DRESSING, RANCH, POUCH 12GM	POUCH	1	60	90	0	6.00	1.00	0.00	0.00
Weighted Daily Average			1753	2833	*130	44.26	*237.78	*15.75	*94.62
% of Calories					*29.7%	22.7%	*54.3%		*21.6%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Friday - 01/25/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49

Base Menu Spreadsheet

Dec 3, 2018 thru Mar 1, 2019

Portion Values

990072 CHILI, CAROLINA CHICKEN	3/4 CUP	1	167	193	*1	6.40	14.51	*3.00	12.84
990123 CORNBREAD, SWEET POTATO	PIECE (2oz)	1	154	242	*11	2.01	29.49	*2.07	4.08
990279 SAUSAGE DOG	2 OZ; 1 PIECE	1	320	880	*2	19.50	23.00	*2.00	15.00
990417 PIZZA, RANCHERO STYLE	pizza	1	321	542	7	14.04	30.09	4.01	20.06
990338 CARROTS, BABY, DOD	1/2 cup	1	25	55	3	0.09	5.79	2.04	0.45
990084 POTATO, SEASONED FRIES 1/2 CUP	1/2 CUP	1	127	335	0	4.07	20.80	1.81	1.81
990230 STRAWBERRIES W. APPLESAUCE	1/2 CUP	1	62	1	13	0.00	16.49	1.52	0.00
990182 COOKIE DOUGH, CHOCOLATE CHIP	1 COOKIE	1	5	100	12	1.50	26.00	2.00	2.00
990179 COOKIE DOUGH, SUGAR	1 COOKIE	1	150	120	12	4.50	26.00	2.00	2.00
001305 COOKIE, CARNIVAL, OTIS	each	1	170	100	14	5.00	28.00	2.00	2.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990393 PICKLE RELISH,SWEET IND	POUCH	1	10	55	2	0.00	2.00	0.00	0.00
Weighted Daily Average			2351	3775	*192	62.34	357.15	*25.12	117.24
% of Calories					*32.7%	23.9%	60.8%		19.9%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Monday - 01/28/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990329 SALAD, CRISPY CHICKEN ES/MS	1 SALAD	1	238	514	4	9.96	19.98	3.57	20.07
990066 BREADSTICK	BREADSTICK	1	67	83	2	0.83	11.67	0.83	1.67
990063 PIZZA, FOUR CHEESE	1 SLICE	1	370	490	9	16.00	35.00	3.00	21.00
990283 FIESTA HAMBURGER MAC BAKE	1 CUP	1	408	335	*3	17.00	48.43	*5.60	35.66
990250 OKRA, BREADED OVENABLE	3.2 OZ (17 PC)	1	179	219	2	6.98	23.93	3.99	2.99
990122 CARROTS, SWEET GLAZED 1/2 CUP	1/2 CUP	1	57	66	*9	1.26	*11.44	*2.69	*0.64
990264 RIPS, KIWI STRAWBERRY	1 PIECE	1	4320	1080	864	0.00	1080.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Dec 3, 2018 thru Mar 1, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990265 RIPS, ORANGE MANGO	1 POUCH	1	60	15	12	0.00	15.00	0.00	0.00
Weighted Daily Average			6525	3804	*1017	57.26	*1376.91	*22.36	*138.53
% of Calories					*62.3%	7.9%	*84.4%		*8.5%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Tuesday - 01/29/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990188 CHILI CON CARNE WITH BEANS 1 CUP	1 CUP	1	361	1132	*11	14.13	40.52	12.89	62.37
990019 CHICKEN, SANDWICH KICKIN	1 EACH	1	340	590	*0	10.00	41.00	4.00	25.00
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80

Base Menu Spreadsheet

Portion Values

990058 POTATO, FRESH BAKED	1/2 Each	1	168	11	1	0.17	38.49	2.77	4.56
000442 BROCCOLI, SEASONED	1/2 c.	1	25	26	*1	0.94	*2.70	*2.02	*2.02
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	75	1	18	0.10	19.62	1.00	0.52
990389 CRACKERS, SALTINE, Wholegrain,	3 pkgs	1	90	195	0	2.25	13.50	0.00	3.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0	0.27	3.58	1.23	0.84
990398 MARGARINE, INDIVIDUAL	pack	1	25	40	0	2.50	0.00	0.00	0.00
990399 SOUR CREAM, IND.	POUCH	1	61	15	1	5.06	1.01	0.00	1.01
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
Weighted Daily Average			2594	3623	*162	69.65	*358.77	*35.39	*172.62
% of Calories					*25.0%	24.2%	*55.3%		*26.6%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Wednesday - 01/30/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK,	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00

Base Menu Spreadsheet

Dec 3, 2018 thru Mar 1, 2019

Portion Values

STRAWBERRY SKIM									
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990120 CHICKEN, AUGUSTA SPRINGS	1/2 CUP	1	381	559	*10	127.58	14.26	0.37	26.03
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	68	2	1.50	14.01	1.50	3.50
990062 PIZZA, FRENCH BREAD, PEPPERONI	EACH	1	11	24	0	0.42	1.20	0.11	0.60
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990060 POTATO, SWEET FRIES 1/2 CUP	1/2 CUP	1	145	196	7	4.35	24.65	2.90	0.72
990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	308	*1	0.44	*4.46	*2.97	*1.48
001263 APPLESAUCE, ROSY	HALF CUP	1	123	57	28	0.00	31.54	1.03	1.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
Weighted Daily Average			1608	2314	*164	139.52	*224.58	*11.55	*89.83
% of Calories					*40.8%	78.1%	*55.9%		*22.3%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Thursday - 01/31/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990270 BAKED SPAGHETTI	1 CUP	1	370	504	*5	15.05	38.56	*4.89	51.08
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990383 SUB, HOT TURKEY & SWISS ES/MS	SANDWICH	1	281	413	*4	10.56	30.89	3.85	17.14
990263 SUB FIXINS	EACH	1	18	858	*1	0.20	4.09	1.43	0.70
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990070 SALAD, CRISP GARDEN	1 CUP	1	24	19	*1	0.37	4.84	2.35	1.84
990178 POTATO WEDGES, SEASONED 1/2 CUP	1/2 CUP	1	104	290	0	5.20	13.36	1.48	1.48
990196 ORANGES, MANDARIN CN	1/2 CUP	1	36	5	8	0.04	8.89	1.13	0.71
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990397 DRESSING, RANCH, POUCH 12GM	POUCH	1	60	90	0	6.00	1.00	0.00	0.00
990394 DRESSING, 1000 ISLAND, POUCH 12GM	POUCH	1	60	95	2	6.00	2.00	0.00	0.00
990395 DRESSING, FRENCH, POUCH 12GM	POUCH	1	50	200	3	4.50	3.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Dec 3, 2018 thru Mar 1, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990396 DRESSING, ITALIAN, POUCH 12GM	POUCH	1	5	100	1	0.00	1.00	0.00	0.00
Weighted Daily Average			2455	4325	*156	82.13	309.49	*26.62	146.75
% of Calories					*25.4%	30.1%	50.4%		23.9%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Friday - 02/01/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
001265 CATFISH STRIPS USDA	2 STRIPS	1	186	350	0	9.99	12.00	0.00	15.99
001413 HUSHPUPPIES, 3 PIECE	3 EACH	1	190	240	2	10.00	22.00	2.00	2.00
001444 TURKEY, HOTDOG	2 oz	1	200	790	*N/A*	9.50	20.00	2.00	10.00
990227 YOGURT &	SERVING	1	419	502	34	14.91	59.92	2.00	14.92

Base Menu Spreadsheet

Portion Values

MUFFIN PLATE (APPLE CINNAMON)									
990228 YOGURT & MUFFIN PLATE (BANANA MUFFIN)	SERVING	1	409	462	35	12.92	60.92	2.00	13.92
990112 YOGURT & MUFFIN PLATE (CHOCOLATE MUFFIN)	SERVING	1	267	338	23	9.52	35.55	0.80	11.52
001118 COLESLAW (KFC STYLE) 1/2 CUP	1/2 CUP	1	64	132	*6	3.08	8.91	*0.94	0.89
990068 BEANS, BAKED	1/2 CUP	1	111	266	11	0.00	23.30	4.44	3.33
000064 APPLE CRISP	5 x 10	1	200	*100	*18	*7.94	*30.53	*2.38	*2.42
990393 PICKLE RELISH,SWEET IND	POUCH	1	10	55	2	0.00	2.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990392 SAUCE,TARTAR INDV	POUCH	1	25	85	1	2.50	1.00	0.00	0.00
Weighted Daily Average			2920	*4474	*247	*85.58	*411.08	*19.22	*131.99
% of Calories					*33.8%	*26.4%	*56.3%		*18.1%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Monday - 02/04/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00

Base Menu Spreadsheet

Portion Values

FREE PET									
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990138 COUNTRY FRIED STEAK WITH GRAVY	1 EACH	1	513	1644	1	24.34	50.02	2.00	14.00
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	68	2	1.50	14.01	1.50	3.50
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	202	382	0	9.00	11.10	1.00	18.40
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	170	217	*11	7.38	*23.22	3.20	4.94
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	164	213	*10	7.00	22.56	3.20	4.88
990269 BENTO BOX-MOZZARELLA CHEESE	1 BOX	1	166	252	*10	7.12	23.61	3.10	5.42
000434 PEAS, BLACKEYE USDA 1/2 CUP	1/2 CUP	1	142	270	*1	4.85	*19.35	*4.14	*6.46
990379 LIMA BEANS, CANNED	1/2 cup	1	104	169	*0	0.51	*18.91	*6.06	*6.14
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	58	9	12	0.00	14.25	1.16	0.02
Weighted Daily Average			2431	4226	*160	66.94	*328.52	*28.04	*120.26
% of Calories					*26.3%	24.8%	*54.1%		*19.8%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Tuesday - 02/05/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990406 POT PIE, CHICKEN	8 OZ	1	419	1138	*6	21.56	39.76	3.63	23.21
000145 CHEESEBURGER	EACH	1	371	754	*2	20.06	29.02	3.00	22.07
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0	0.27	3.58	1.23	0.84
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990370 VEGGIES w/ HUMMUS, RED PEPPERS AND CUCUMBER	1/2 CUP	1	156	171	6	10.15	*9.17	7.52	3.45
990202 BROCCOLI, RANCH	1/2 CUP	1	28	121	*1	0.00	4.67	*3.20	3.20
990335 SIDEKICKS, BLUE RASPBERRY	1 PORTION CUP	1	80	45	19	0.00	20.00	0.00	0.00
990336 SIDEKICKS, STRAWBERRY KIWI	1 PORTION CUP	1	80	45	19	0.00	20.00	0.00	0.00
990337 SIDEKICKS, STRAWBERRY MANGO	1 PORTION CUP	1	80	45	19	0.00	20.00	0.00	0.00
990235 SAUCE, KETCHUP, IND	2 PK	1	4	1	0	0.02	0.77	0.11	0.45

Base Menu Spreadsheet

Portion Values

990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
Weighted Daily Average			2672	4172	*202	86.28	*345.82	*30.16	127.02
% of Calories					*30.2%	29.1%	*51.8%		19.0%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Wednesday - 02/06/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990064 SANDWICH, PORK BBQ (USDA)	SANDWICH	1	419	463	*N/A*	19.00	42.00	2.00	22.00
001057 SANDWICH, GRILLED CHEESE	1 each	1	370	956	*2	20.78	30.12	4.00	18.19
990076 PIZZA, FOUR MEAT	1 SLICE	1	370	650	9	17.00	36.00	3.00	20.00
990091 SOUP, TOMATO BASIL	1/2 CUP	1	101	505	*6	1.94	16.61	4.57	5.37

Base Menu Spreadsheet

Portion Values

000289 STRAWBERRY DELIGHT	1/2 cup	1	173	0	36	1.00	39.17	2.01	1.00
990410 POTATO, AU GRATIN	1/2 CUP	1	97	517	2	*N/A*	19.39	1.62	2.42
Weighted Daily Average			2356	4094	*168	*64.94	314.75	*19.87	125.49
% of Calories					*28.5%	*24.8%	53.4%		21.3%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Thursday - 02/07/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	340	690	*2	10.00	40.00	3.00	25.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0	0.27	3.58	1.23	0.84
990404 TURKEY TETRAZZINI	5 x 5	1	278	711	*2	11.03	*26.38	*2.93	*19.35

Base Menu Spreadsheet

Portion Values

000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990272 CAULIFLOWER, CHEESY	1/2 CUP	1	94	192	2	8.22	5.52	2.28	8.18
000271 PEAS, GREEN, CANNED, 1/2 CUP	1/2 cup	1	100	247	*6	1.78	*15.61	*5.65	*5.65
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	75	1	18	0.10	19.62	1.00	0.52
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
Weighted Daily Average			2351	3793	*161	65.63	*312.55	*27.56	*133.34
% of Calories					*27.4%	25.1%	*53.2%		*22.7%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Friday - 02/08/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990132 SANDWICH, FISH	1 SANDWICH	1	280	510	*1	8.00	41.00	4.00	18.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	700	9	14.00	27.00	1.00	10.00
990121 SALAD, CUCUMBER & TOMATO	1/2 CUP	1	75	132	*6	4.58	9.23	*0.88	0.93
990052 POTATO, FRENCH FRIES 1/2 CUP	.5 CUP	1	96	24	0	3.60	15.21	1.60	1.60
001262 PEARS, ROSY	HALF CUP	1	30	0	*0	0.00	0.00	0.00	7.78
990392 SAUCE, TARTAR INDV	POUCH	1	25	85	1	2.50	1.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
Weighted Daily Average			1666	2688	*132	41.90	228.41	*10.15	95.30
% of Calories					*31.7%	22.6%	54.8%		22.9%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Monday - 02/11/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990360 BURRITO BOWL, BEEF (ELEMENTARY/MIDDLE)	1 SERVING	1	344	327	*1	17.96	23.38	*2.19	17.62
990407 BLACK BEAN QUESO AND CHIPS	4 OZ	1	456	747	1	21.00	50.47	7.33	17.47
990077 PIZZA, PEPPERONI	1 SLICE	1	370	560	9	17.00	35.00	3.00	21.00
990089 BEANS, CHEESY DIP W. CHIPS	1/2 CUP	1	241	367	3	6.73	31.15	9.91	13.03
990366 CORN, SEASONED, CANNED	1/2 CUP	1	128	58	*4	5.02	*22.14	*2.92	*2.92
990196 ORANGES, MANDARIN CN	1/2 CUP	1	36	5	8	0.04	8.89	1.13	0.71
Weighted Daily Average			2401	3066	*140	72.97	*302.51	*29.16	*129.25
% of Calories					*23.3%	27.4%	*50.4%		*21.5%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Tuesday - 02/12/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK,	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

CHOCOLATE SKIM									
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990136 MEATLOAF, BROWN SUGAR GLAZE	1 EACH	1	313	535	*3	17.00	11.22	0.50	26.00
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3	2.50	24.00	5.00	6.00
990413 SANDWICH, OPEN-FACED TURKEY	SANDWICH	1	256	527	*3	9.96	25.52	3.28	17.49
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990310 CABBAGE, SEASONED	1/2 CUP	1	23	233	*0	0.85	*3.70	*1.56	*0.98
001075 POTATO, MASHED	1/2 CUP	1	33	43	*0	2.23	*2.62	*0.11	*0.22
001543 GRAVY, BROWN, PREPARED	1/4 CUP	1	28	197	*1	0.00	4.06	0.00	1.62
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	13.99	0.99	0.00
Weighted Daily Average			2235	3244	*150	62.75	*283.46	*22.91	*125.61
% of Calories					*26.8%	25.3%	*50.7%		*22.5%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Wednesday - 02/13/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990409 CHICKEN N WAFFLES (TENDERS)	1 EACH	1	502	732	12	22.00	54.10	4.00	22.40
000509 SYRUP, IND PK	1.5 oz	1	160	45	16	0.00	31.00	0.00	0.00
990412 MACARONI & CHEESE	4 OZ	1	261	359	*3	15.92	*17.50	*1.31	*13.13
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	68	2	1.50	14.01	1.50	3.50
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000523 SWEET POTATO SOUFFLE	1/2 CUP	1	157	74	*21	3.56	*29.64	*1.51	*0.76
990290 COLLARD GREENS, SOUTHERN	1/2 CUP	1	83	199	*3	2.53	9.60	2.32	2.86
990081 RAISELS, SOUR FRUIT PUNCH	1 BOX	1	140	0	27	0.00	35.00	1.00	1.00
990082 RAISELS, SOUR ORANGE	1 BOX	1	130	0	28	0.00	35.00	1.00	1.00

Base Menu Spreadsheet

Portion Values

Dec 3, 2018 thru Mar 1, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990083 RAISELS, SOUR WATERMELON	1 BOX	1	140	0	27	0.00	35.00	1.00	1.00
Weighted Daily Average			2483	2479	*252	50.73	*392.32	*16.31	*102.15
% of Calories					*40.6%	18.4%	*63.2%		*16.5%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Thursday - 02/14/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
001219 CASSEROLE, CHICKEN & RICE	1 cup	1	237	512	*1	7.18	24.99	*0.60	17.88
990354 SUB, HOT ITALIAN ES/MS	1 SANDWICH	1	339	747	*7	13.94	36.66	4.35	16.83
990054 SALAD, ROMAINE & SPINACH	1 CUP	1	30	56	2	0.48	5.49	2.94	2.81
001049 VEGETABLES,	1/2 cup	1	27	30	*2	0.94	*3.02	*1.21	*0.60

Base Menu Spreadsheet

Portion Values

CALIFORNIA BLEND									
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990394 DRESSING, 1000 ISLAND, POUCH 12GM	POUCH	1	60	95	2	6.00	2.00	0.00	0.00
990395 DRESSING, FRENCH, POUCH 12GM	POUCH	1	50	200	3	4.50	3.00	0.00	0.00
990396 DRESSING, ITALIAN, POUCH 12GM	POUCH	1	5	100	1	0.00	1.00	0.00	0.00
990397 DRESSING, RANCH, POUCH 12GM	POUCH	1	60	90	0	6.00	1.00	0.00	0.00
Weighted Daily Average			1753	2833	*130	44.26	*237.78	*15.75	*94.62
% of Calories					*29.7%	22.7%	*54.3%		*21.6%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Tuesday - 02/19/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49

Base Menu Spreadsheet

Portion Values

990188 CHILI CON CARNE WITH BEANS 1 CUP	1 CUP	1	361	1132	*11	14.13	40.52	12.89	62.37
990019 CHICKEN, SANDWICH KICKIN	1 EACH	1	340	590	*0	10.00	41.00	4.00	25.00
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990058 POTATO, FRESH BAKED	1/2 Each	1	168	11	1	0.17	38.49	2.77	4.56
000442 BROCCOLI, SEASONED	1/2 c.	1	25	26	*1	0.94	*2.70	*2.02	*2.02
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	75	1	18	0.10	19.62	1.00	0.52
990389 CRACKERS, SALTINE, Wholegrain,	3 pkgs	1	90	195	0	2.25	13.50	0.00	3.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0	0.27	3.58	1.23	0.84
990398 MARGARINE, INDIVIDUAL	pack	1	25	40	0	2.50	0.00	0.00	0.00
990399 SOUR CREAM, IND.	POUCH	1	61	15	1	5.06	1.01	0.00	1.01
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
Weighted Daily Average			2594	3623	*162	69.65	*358.77	*35.39	*172.62
% of Calories					*25.0%	24.2%	*55.3%		*26.6%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Wednesday - 02/20/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK,	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

CHOCOLATE SKIM									
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990120 CHICKEN, AUGUSTA SPRINGS	1/2 CUP	1	381	559	*10	127.58	14.26	0.37	26.03
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	68	2	1.50	14.01	1.50	3.50
990062 PIZZA, FRENCH BREAD, PEPPERONI	EACH	1	11	24	0	0.42	1.20	0.11	0.60
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990060 POTATO, SWEET FRIES 1/2 CUP	1/2 CUP	1	145	196	7	4.35	24.65	2.90	0.72
990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	308	*1	0.44	*4.46	*2.97	*1.48
001263 APPLESAUCE, ROSY	HALF CUP	1	123	57	28	0.00	31.54	1.03	1.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
Weighted Daily Average			1608	2314	*164	139.52	*224.58	*11.55	*89.83
% of Calories					*40.8%	78.1%	*55.9%		*22.3%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Thursday - 02/21/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990270 BAKED SPAGHETTI	1 CUP	1	370	504	*5	15.05	38.56	*4.89	51.08
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990383 SUB, HOT TURKEY & SWISS ES/MS	SANDWICH	1	281	413	*4	10.56	30.89	3.85	17.14
990263 SUB FIXINS	EACH	1	18	858	*1	0.20	4.09	1.43	0.70
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990070 SALAD, CRISP GARDEN	1 CUP	1	24	19	*1	0.37	4.84	2.35	1.84
990178 POTATO WEDGES, SEASONED 1/2 CUP	1/2 CUP	1	104	290	0	5.20	13.36	1.48	1.48
990196 ORANGES, MANDARIN CN	1/2 CUP	1	36	5	8	0.04	8.89	1.13	0.71
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990397 DRESSING,	POUCH	1	60	90	0	6.00	1.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

RANCH, POUCH 12GM									
990394 DRESSING, 1000 ISLAND, POUCH 12GM	POUCH	1	60	95	2	6.00	2.00	0.00	0.00
990395 DRESSING, FRENCH, POUCH 12GM	POUCH	1	50	200	3	4.50	3.00	0.00	0.00
990396 DRESSING, ITALIAN, POUCH 12GM	POUCH	1	5	100	1	0.00	1.00	0.00	0.00
Weighted Daily Average			2455	4325	*156	82.13	309.49	*26.62	146.75
% of Calories					*25.4%	30.1%	50.4%		23.9%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Friday - 02/22/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
001265 CATFISH STRIPS USDA	2 STRIPS	1	186	350	0	9.99	12.00	0.00	15.99
001413 HUSHPUPIES, 3 PIECE	3 EACH	1	190	240	2	10.00	22.00	2.00	2.00

Base Menu Spreadsheet

Dec 3, 2018 thru Mar 1, 2019

Portion Values

001444 TURKEY, HOTDOG	2 oz	1	200	790	*N/A*	9.50	20.00	2.00	10.00
990227 YOGURT & MUFFIN PLATE (APPLE CINNAMON)	SERVING	1	419	502	34	14.91	59.92	2.00	14.92
990228 YOGURT & MUFFIN PLATE (BANANA MUFFIN)	SERVING	1	409	462	35	12.92	60.92	2.00	13.92
990112 YOGURT & MUFFIN PLATE (CHOCOLATE MUFFIN)	SERVING	1	267	338	23	9.52	35.55	0.80	11.52
001118 COLESLAW (KFC STYLE) 1/2 CUP	1/2 CUP	1	64	132	*6	3.08	8.91	*0.94	0.89
990068 BEANS, BAKED	1/2 CUP	1	111	266	11	0.00	23.30	4.44	3.33
000064 APPLE CRISP	5 x 10	1	200	*100	*18	*7.94	*30.53	*2.38	*2.42
990393 PICKLE RELISH,SWEET IND	POUCH	1	10	55	2	0.00	2.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990392 SAUCE,TARTAR INDV	POUCH	1	25	85	1	2.50	1.00	0.00	0.00
Weighted Daily Average			2920	*4474	*247	*85.58	*411.08	*19.22	*131.99
% of Calories					*33.8%	*26.4%	*56.3%		*18.1%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Monday - 02/25/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00

Base Menu Spreadsheet

Dec 3, 2018 thru Mar 1, 2019

Portion Values

000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990138 COUNTRY FRIED STEAK WITH GRAVY	1 EACH	1	513	1644	1	24.34	50.02	2.00	14.00
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	68	2	1.50	14.01	1.50	3.50
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	202	382	0	9.00	11.10	1.00	18.40
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	170	217	*11	7.38	*23.22	3.20	4.94
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	164	213	*10	7.00	22.56	3.20	4.88
990269 BENTO BOX-MOZZARELLA CHEESE	1 BOX	1	166	252	*10	7.12	23.61	3.10	5.42
000434 PEAS, BLACK EYE USDA 1/2 CUP	1/2 CUP	1	142	270	*1	4.85	*19.35	*4.14	*6.46
990379 LIMA BEANS, CANNED	1/2 cup	1	104	169	*0	0.51	*18.91	*6.06	*6.14
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	58	9	12	0.00	14.25	1.16	0.02
Weighted Daily Average			2431	4226	*160	66.94	*328.52	*28.04	*120.26
% of Calories					*26.3%	24.8%	*54.1%		*19.8%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Tuesday - 02/26/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990406 POT PIE, CHICKEN	8 OZ	1	419	1138	*6	21.56	39.76	3.63	23.21
000145 CHEESEBURGER	EACH	1	371	754	*2	20.06	29.02	3.00	22.07
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0	0.27	3.58	1.23	0.84
000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990370 VEGGIES w/ HUMMUS, RED PEPPERS AND CUCUMBER	1/2 CUP	1	156	171	6	10.15	*9.17	7.52	3.45
990202 BROCCOLI, RANCH	1/2 CUP	1	28	121	*1	0.00	4.67	*3.20	3.20
990335 SIDEKICKS, BLUE RASPBERRY	1 PORTION CUP	1	80	45	19	0.00	20.00	0.00	0.00
990336 SIDEKICKS, STRAWBERRY KIWI	1 PORTION CUP	1	80	45	19	0.00	20.00	0.00	0.00
990337 SIDEKICKS, STRAWBERRY MANGO	1 PORTION CUP	1	80	45	19	0.00	20.00	0.00	0.00
990235 SAUCE, KETCHUP, IND	2 PK	1	4	1	0	0.02	0.77	0.11	0.45

Base Menu Spreadsheet

Portion Values

990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
Weighted Daily Average			2672	4172	*202	86.28	*345.82	*30.16	127.02
% of Calories					*30.2%	29.1%	*51.8%		19.0%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Wednesday - 02/27/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990064 SANDWICH, PORK BBQ (USDA)	SANDWICH	1	419	463	*N/A*	19.00	42.00	2.00	22.00
001057 SANDWICH, GRILLED CHEESE	1 each	1	370	956	*2	20.78	30.12	4.00	18.19
990076 PIZZA, FOUR MEAT	1 SLICE	1	370	650	9	17.00	36.00	3.00	20.00
990091 SOUP, TOMATO BASIL	1/2 CUP	1	101	505	*6	1.94	16.61	4.57	5.37

Base Menu Spreadsheet

Portion Values

000289 STRAWBERRY DELIGHT	1/2 cup	1	173	0	36	1.00	39.17	2.01	1.00
990410 POTATO, AU GRATIN	1/2 CUP	1	97	517	2	*N/A*	19.39	1.62	2.42
Weighted Daily Average			2356	4094	*168	*64.94	314.75	*19.87	125.49
% of Calories					*28.5%	*24.8%	53.4%		21.3%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Thursday - 02/28/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	340	690	*2	10.00	40.00	3.00	25.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0	0.27	3.58	1.23	0.84
990404 TURKEY TETRAZZINI	5 x 5	1	278	711	*2	11.03	*26.38	*2.93	*19.35

Base Menu Spreadsheet

Portion Values

000764 SANDWICH, PBJ	1 SANDWICH	1	566	515	*16	25.00	66.88	*8.80	16.80
990272 CAULIFLOWER, CHEESY	1/2 CUP	1	94	192	2	8.22	5.52	2.28	8.18
000271 PEAS, GREEN, CANNED, 1/2 CUP	1/2 cup	1	100	247	*6	1.78	*15.61	*5.65	*5.65
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	75	1	18	0.10	19.62	1.00	0.52
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
Weighted Daily Average			2351	3793	*161	65.63	*312.55	*27.56	*133.34
% of Calories					*27.4%	25.1%	*53.2%		*22.7%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

Friday - 03/01/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18	2.50	20.00	*N/A*	8.00
000961 MILK, CHOCOLATE SKIM	HALF PINT	1	120	180	18	0.00	20.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990028 MILK, SKIM	HALF PINT	1	90	130	12	0.00	13.00	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00
990030 MILK, VANILLA SKIM	HALF PINT	1	110	125	18	0.00	19.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990132 SANDWICH, FISH	1 SANDWICH	1	280	510	*1	8.00	41.00	4.00	18.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	700	9	14.00	27.00	1.00	10.00
990121 SALAD, CUCUMBER & TOMATO	1/2 CUP	1	75	132	*6	4.58	9.23	*0.88	0.93
990052 POTATO, FRENCH FRIES 1/2 CUP	.5 CUP	1	96	24	0	3.60	15.21	1.60	1.60
001262 PEARS, ROSY	HALF CUP	1	30	0	*0	0.00	0.00	0.00	7.78
990392 SAUCE, TARTAR INDV	POUCH	1	25	85	1	2.50	1.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0	4.00	0.00	0.00	0.00
Weighted Daily Average			1666	2688	*132	41.90	228.41	*10.15	95.30
% of Calories					*31.7%	22.6%	54.8%		22.9%
Weekly Nutrient Guideline			600 - 650	1230		<=0			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - denotes required nutrient values

2 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.