



Menu Dates: Aug. 31-Sept 4th; Sept. 14-18th; Sept. 28-Oct. 2nd

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Cereal Bar w/ Breakfast Cracker	Poptart w/ Breakfast Cracker	Cinni Minis	Cereal Bar w/ Breakfast Cracker	Poptart w/ Breakfast Cracker*
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Chilled Juice	Chilled Juice	Chilled Juice	Chilled Juice	Chilled Juice
Milk*	Milk*	Milk*	Milk*	Milk*

Menu Dates: Sept. 8-11th (Labor Day is 9/7); Sept. 21-25th

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Poptart w/ Breakfast Cracker	Cereal Bar w/ Breakfast Cracker	Benefit Bar	Cereal Bar w/ Breakfast Cracker	Poptart w/ Breakfast Cracker*
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Chilled Juice	Chilled Juice	Chilled Juice	Chilled Juice	Chilled Juice
Milk*	Milk*	Milk*	Milk*	Milk*

**Indicates use of locally and Georgia grown/produced products and ingredients when available*

Wellness Matters! Learn more about Richmond County's wellness plans & how to participate at: <https://richmondcountynutritionservices.com/wellness-policy/>

Offer Vs Serve -- Must have 3 different components, at least 1/2 cup fruit or vegetable. May have meat and grain, 2 veggies, 2 fruit, milk

