

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

Menu Name: LUNCH HIGH

Include Cost: No

Site:

Report Style: Detailed

Thursday - 10/01/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990632 SANDWICH, DELI TURKEY HS	SANDWICH	1	352	*8	12.82	34.75	2.00	23.74
990134 PIZZA, 3 CHEESE GARLIC BREAD	1 EACH	1	335	*3	14.64	33.81	0.91	18.48
990618 BROCCOLI, SEASONED HS 1 CUP	1 CUP	1	36	*1	0.00	5.84	*4.06	4.06
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1218	*65	36.91	149.83	*12.31	71.76
% of Calories				*21.3%	27.3%	49.2%		23.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 10/02/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990619 GREEN BEANS, FROZEN, HS 1 CUP	1 CUP	1	84	*1	0.13	15.40	*4.27	4.42
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990555 PORK, BBQ SANDWICH (DISTANT LEARNERS, COVID)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47
990557 SANDWICH, CHICKEN (DISTANT LEARNERS, COVID)	1 EACH	1	370	6	23.00	45.00	3.00	28.00
990554 HAMBURGER (DISTANT LEARNERS, COVID)	EACH	1	320	4	28.00	32.00	3.00	19.00
990559 CHICKEN, POPCORN (DISTANT LEARNERS, COVID)	3.0 OZ (10 EACH)	1	162	1	6.08	13.18	1.01	14.20
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990547 TURKEY, HOTDOG (DISTANT LEARNERS, COVID19)	2 oz	1	260	*4	9.50	31.00	2.00	14.00
Weighted Daily Average			3120	*127	143.39	383.96	*31.13	174.08
% of Calories				*16.3%	41.4%	49.2%		22.3%
Weekly Nutrient Guideline			750 - 850		<=0			

Monday - 10/05/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	320	4	28.00	32.00	3.00	19.00
001057 SANDWICH, GRILLED CHEESE	1 each	1	390	*6	21.78	34.12	2.00	20.19
990621 VEGETABLES, MIXED, FROZEN HS 1 CUP	1 CUP	1	198	*8	7.14	*29.33	*7.96	*5.32
990628 APPLES, CINNAMON, HS 1 CUP	1 CUP	1	123	31	*0.19	31.60	*2.23	*0.72
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1425	*93	*66.11	*176.56	*15.20	*69.74
% of Calories				*26.1%	*41.8%	*49.6%		*19.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 10/06/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	305	1	19.28	12.91	1.00	18.40
990469 BENTO BOX-HIGH SCHOOL COLBY CHEESE	1 BOX	1	651	*46	22.99	95.84	8.00	19.54
990468 BENTO BOX-HIGH SCHOOL CHEDDAR CHEESE	1 BOX	1	680	*47	26.42	*97.35	8.00	20.38
990269 BENTO BOX-MOZZARELLA CHEESE	1 BOX	1	370	*20	15.38	49.73	5.00	16.67
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990304 GLAZED SWEET POTATOES, HS 1.25 CUPS	1.25 CUP	1	245	*26	*4.95	*48.42	*3.19	*1.06
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

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Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2788	*195	*95.97	*393.20	*32.02	*104.54
% of Calories				*28.0%	*31.0%	*56.4%		*15.0%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 10/07/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990073 NACHOS, BEEF SUPREME HS	1 SERVING	1	617	*0	41.14	26.52	2.42	28.90
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990624 BEANS, CHEESY DIP W. CHIPS HS 1 CUP	1 CUP	1	483	6	13.46	62.30	19.82	26.06
990630 MANDARIN SALAD HS 1 CUP	1 cup	1	127	25	0.00	29.56	2.56	*0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1567	*73	59.60	164.39	*24.80	*78.97
% of Calories				*18.6%	34.2%	42.0%		*20.2%
Weekly Nutrient Guideline			750 - 850		<=0			

Thursday - 10/08/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990019 CHICKEN, SANDWICH KICKIN	1 EACH	1	370	4	23.00	46.00	4.00	28.00
990466 YOGURT & MUFFIN PLATE- (CHOCOLATE MUFFIN)	SERVING	1	267	23	9.52	35.55	0.80	11.52
990228 YOGURT & MUFFIN PLATE- (BANANA MUFFIN)	SERVING	1	409	35	12.92	60.92	2.00	13.92
990465 YOGURT & MUFFIN PLATE- (APPLE CINNAMON)	SERVING	1	419	34	14.91	59.92	2.00	14.92
990615 SALAD, CRISP GARDEN HS 2 CUPS	2 CUP	1	49	*2	0.73	9.68	4.70	3.68
990634 PEARS, DICED CANNED, HS 1 CUP	1 cup	1	238	*N/A*	0.00	58.30	7.95	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2091	*140	66.09	316.37	*21.44	96.05
% of Calories				*26.8%	28.4%	60.5%		18.4%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 10/09/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850		<=0			

Monday - 10/12/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 10/13/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	370	6	23.00	45.00	3.00	28.00
990506 NSLW LUNCH PARFAIT	1 PARFAIT	1	484	70	3.51	100.86	5.20	15.38
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990610 POTATO, MASHED HS 1 CUP	1 CUP	1	67	*0	4.45	*5.25	*0.22	*0.44

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990625 STRAWBERRY DELIGHT HS 1 CUP	1 cup	1	324	69	1.00	74.87	3.89	1.94
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
Weighted Daily Average			1634	*189	40.96	*274.98	*12.31	*69.77
% of Calories				*46.3%	22.6%	*67.3%		*17.1%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 10/14/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990702 HS- CHICKEN, NUGGETS & MAC-n-CHEESE	5 pieces, 1/2 c	1	160	1	6.00	13.00	1.00	14.00
990412 MACARONI & CHEESE	4 OZ	1	261	*3	15.92	*17.50	*1.31	*13.13
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990613 CARROTS, SWEET GLAZED HS 1.25 CUP	1.25 CUP	1	158	*25	3.51	*31.78	*7.48	*1.79
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK,	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

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CHOCOLATE, 1%								
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1773	*111	62.87	*231.97	*23.14	*75.90
% of Calories				*25.0%	31.9%	*52.3%		*17.1%
Weekly Nutrient Guideline			750 - 850		<=0			

Thursday - 10/15/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990406 POT PIE, CHICKEN	8 OZ	1	419	*6	21.56	39.76	3.63	23.21
990134 PIZZA, 3 CHEESE GARLIC BREAD	1 EACH	1	335	*3	14.64	33.81	0.91	18.48
990618 BROCCOLI, SEASONED HS 1 CUP	1 CUP	1	36	*1	0.00	5.84	*4.06	4.06
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1285	*63	45.64	154.84	*13.94	71.23
% of Calories				*19.6%	32.0%	48.2%		22.2%
Weekly Nutrient Guideline			750 - 850		<=0			

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

Friday - 10/16/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990619 GREEN BEANS, FROZEN, HS 1 CUP	1 CUP	1	84	*1	0.13	15.40	*4.27	4.42
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990704 Manager's Choice Dessert	1 piece	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990555 PORK, BBQ SANDWICH (DISTANT LEARNERS, COVID)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47
990557 SANDWICH, CHICKEN (DISTANT LEARNERS, COVID)	1 EACH	1	370	6	23.00	45.00	3.00	28.00
990554 HAMBURGER (DISTANT LEARNERS, COVID)	EACH	1	320	4	28.00	32.00	3.00	19.00
990559 CHICKEN, POPCORN (DISTANT LEARNERS, COVID)	3.0 OZ (10 EACH)	1	162	1	6.08	13.18	1.01	14.20
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990547 TURKEY, HOTDOG (DISTANT LEARNERS, COVID19)	2 oz	1	260	*4	9.50	31.00	2.00	14.00

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990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			3120	*127	143.39	383.96	*31.13	174.08
% of Calories				*16.3%	41.4%	49.2%		22.3%
Weekly Nutrient Guideline			750 - 850		<=0			

Monday - 10/19/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	320	4	28.00	32.00	3.00	19.00
001057 SANDWICH, GRILLED CHEESE	1 each	1	390	*6	21.78	34.12	2.00	20.19
990621 VEGETABLES, MIXED, FROZEN HS 1 CUP	1 CUP	1	198	*8	7.14	*29.33	*7.96	*5.32
990628 APPLES, CINNAMON, HS 1 CUP	1 CUP	1	123	31	*0.19	31.60	*2.23	*0.72
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

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Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1425	*93	*66.11	*176.56	*15.20	*69.74
% of Calories				*26.1%	*41.8%	*49.6%		*19.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 10/20/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	305	1	19.28	12.91	1.00	18.40
990469 BENTO BOX-HIGH SCHOOL COLBY CHEESE	1 BOX	1	651	*46	22.99	95.84	8.00	19.54
990468 BENTO BOX-HIGH SCHOOL CHEDDAR CHEESE	1 BOX	1	680	*47	26.42	*97.35	8.00	20.38
990269 BENTO BOX-MOZZARELLA CHEESE	1 BOX	1	370	*20	15.38	49.73	5.00	16.67
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990304 GLAZED SWEET POTATOES, HS 1.25 CUPS	1.25 CUP	1	245	*26	*4.95	*48.42	*3.19	*1.06
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

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Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2788	*195	*95.97	*393.20	*32.02	*104.54
% of Calories				*28.0%	*31.0%	*56.4%		*15.0%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 10/21/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990073 NACHOS, BEEF SUPREME HS	1 SERVING	1	617	*0	41.14	26.52	2.42	28.90
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990624 BEANS, CHEESY DIP W. CHIPS HS 1 CUP	1 CUP	1	483	6	13.46	62.30	19.82	26.06
990630 MANDARIN SALAD HS 1 CUP	1 cup	1	127	25	0.00	29.56	2.56	*0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1567	*73	59.60	164.39	*24.80	*78.97
% of Calories				*18.6%	34.2%	42.0%		*20.2%
Weekly Nutrient Guideline			750 - 850		<=0			

Thursday - 10/22/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990019 CHICKEN, SANDWICH KICKIN	1 EACH	1	370	4	23.00	46.00	4.00	28.00
990466 YOGURT & MUFFIN PLATE- (CHOCOLATE MUFFIN)	SERVING	1	267	23	9.52	35.55	0.80	11.52
990228 YOGURT & MUFFIN PLATE- (BANANA MUFFIN)	SERVING	1	409	35	12.92	60.92	2.00	13.92
990465 YOGURT & MUFFIN PLATE- (APPLE CINNAMON)	SERVING	1	419	34	14.91	59.92	2.00	14.92
990615 SALAD, CRISP GARDEN HS 2 CUPS	2 CUP	1	49	*2	0.73	9.68	4.70	3.68
990634 PEARS, DICED CANNED, HS 1 CUP	1 cup	1	238	*N/A*	0.00	58.30	7.95	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2091	*140	66.09	316.37	*21.44	96.05
% of Calories				*26.8%	28.4%	60.5%		18.4%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 10/23/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001444 TURKEY, HOTDOG	2 oz	1	260	*4	9.50	31.00	2.00	14.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990622 CORN,	1 CUP	1	242	*0	8.11	*39.35	*5.86	*5.86

Base Menu Spreadsheet

Portion Values

SEASONED, FROZEN HS 1 CUP									
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99	
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00	
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00	
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00	
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00	
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50	
990555 PORK, BBQ SANDWICH (DISTANT LEARNERS, COVID)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47	
990557 SANDWICH, CHICKEN (DISTANT LEARNERS, COVID)	1 EACH	1	370	6	23.00	45.00	3.00	28.00	
990554 HAMBURGER (DISTANT LEARNERS, COVID)	EACH	1	320	4	28.00	32.00	3.00	19.00	
990559 CHICKEN, POPCORN (DISTANT LEARNERS, COVID)	3.0 OZ (10 EACH	1	162	1	6.08	13.18	1.01	14.20	
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50	
990547 TURKEY, HOTDOG (DISTANT LEARNERS, COVID19)	2 oz	1	260	*4	9.50	31.00	2.00	14.00	
Weighted Daily Average			3258	*122	146.86	*411.90	*33.72	*179.51	
% of Calories				*15.0%	40.6%	*50.6%		*22.0%	
Weekly Nutrient Guideline			750 - 850		<=0				

Monday - 10/26/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47
990460 QUESADILLA, CHEESE, HIGH	2 QUESADILLA	1	501	2	31.24	30.92	2.00	26.41
990608 BEANS, BAKED HS 1 CUP	1 CUP	1	222	22	0.00	46.59	8.88	6.66
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1481	89	59.97	178.17	*14.20	90.54
% of Calories				24.0%	36.4%	48.1%		24.5%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 10/27/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	370	6	23.00	45.00	3.00	28.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990610 POTATO, MASHED HS 1 CUP	1 CUP	1	67	*0	4.45	*5.25	*0.22	*0.44
990625 STRAWBERRY DELIGHT HS 1 CUP	1 cup	1	324	69	1.00	74.87	3.89	1.94
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
Weighted Daily Average			1150	*119	37.45	*174.13	*7.11	*54.38
% of Calories				*41.4%	29.3%	*60.6%		*18.9%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 10/28/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990342 CHICKEN, POPCORN PROVIEW	3.0 OZ (10 EACH	1	162	1	6.08	13.18	1.01	14.20
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990613 CARROTS, SWEET GLAZED HS 1.25 CUP	1.25 CUP	1	158	*25	3.51	*31.78	*7.48	*1.79
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1600	*109	48.53	*228.67	*23.34	*66.47
% of Calories				*27.2%	27.3%	*57.2%		*16.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Thursday - 10/29/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990632 SANDWICH, DELI TURKEY HS	SANDWICH	1	352	*8	12.82	34.75	2.00	23.74
990134 PIZZA, 3 CHEESE GARLIC BREAD	1 EACH	1	335	*3	14.64	33.81	0.91	18.48
990618 BROCCOLI, SEASONED HS 1 CUP	1 CUP	1	36	*1	0.00	5.84	*4.06	4.06
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1218	*65	36.91	149.83	*12.31	71.76
% of Calories				*21.3%	27.3%	49.2%		23.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 10/30/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990619 GREEN BEANS, FROZEN, HS 1 CUP	1 CUP	1	84	*1	0.13	15.40	*4.27	4.42
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990555 PORK, BBQ SANDWICH (DISTANT LEARNERS, COVID)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47
990557 SANDWICH, CHICKEN (DISTANT LEARNERS, COVID)	1 EACH	1	370	6	23.00	45.00	3.00	28.00

Base Menu Spreadsheet

Portion Values

990554 HAMBURGER (DISTANT LEARNERS, COVID)	EACH	1	320	4	28.00	32.00	3.00	19.00
990559 CHICKEN, POPCORN (DISTANT LEARNERS, COVID)	3.0 OZ (10 EACH)	1	162	1	6.08	13.18	1.01	14.20
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990547 TURKEY, HOTDOG (DISTANT LEARNERS, COVID19)	2 oz	1	260	*4	9.50	31.00	2.00	14.00
Weighted Daily Average			3120	*127	143.39	383.96	*31.13	174.08
% of Calories				*16.3%	41.4%	49.2%		22.3%
Weekly Nutrient Guideline			750 - 850		<=0			

Monday - 11/02/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	320	4	28.00	32.00	3.00	19.00
001057 SANDWICH, GRILLED CHEESE	1 each	1	390	*6	21.78	34.12	2.00	20.19
990621 VEGETABLES, MIXED, FROZEN HS 1 CUP	1 CUP	1	198	*8	7.14	*29.33	*7.96	*5.32
990628 APPLES, CINNAMON, HS 1 CUP	1 CUP	1	123	31	*0.19	31.60	*2.23	*0.72
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

Base Menu Spreadsheet

Portion Values

990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1425	*93	*66.11	*176.56	*15.20	*69.74
% of Calories				*26.1%	*41.8%	*49.6%		*19.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 11/03/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	305	1	19.28	12.91	1.00	18.40
990469 BENTO BOX-HIGH SCHOOL COLBY CHEESE	1 BOX	1	651	*46	22.99	95.84	8.00	19.54
990468 BENTO BOX-HIGH SCHOOL CHEDDAR CHEESE	1 BOX	1	680	*47	26.42	*97.35	8.00	20.38
990269 BENTO BOX-MOZZARELLA CHEESE	1 BOX	1	370	*20	15.38	49.73	5.00	16.67
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990304 GLAZED SWEET POTATOES, HS 1.25 CUPS	1.25 CUP	1	245	*26	*4.95	*48.42	*3.19	*1.06
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2788	*195	*95.97	*393.20	*32.02	*104.54
% of Calories				*28.0%	*31.0%	*56.4%		*15.0%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 11/04/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990073 NACHOS, BEEF SUPREME HS	1 SERVING	1	617	*0	41.14	26.52	2.42	28.90
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990624 BEANS, CHEESY DIP W. CHIPS HS 1 CUP	1 CUP	1	483	6	13.46	62.30	19.82	26.06
990630 MANDARIN SALAD HS 1 CUP	1 cup	1	127	25	0.00	29.56	2.56	*0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1567	*73	59.60	164.39	*24.80	*78.97
% of Calories				*18.6%	34.2%	42.0%		*20.2%
Weekly Nutrient Guideline			750 - 850		<=0			

Thursday - 11/05/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990019 CHICKEN, SANDWICH KICKIN	1 EACH	1	370	4	23.00	46.00	4.00	28.00
990466 YOGURT & MUFFIN PLATE- (CHOCOLATE MUFFIN)	SERVING	1	267	23	9.52	35.55	0.80	11.52
990228 YOGURT & MUFFIN PLATE- (BANANA MUFFIN)	SERVING	1	409	35	12.92	60.92	2.00	13.92
990465 YOGURT & MUFFIN PLATE- (APPLE CINNAMON)	SERVING	1	419	34	14.91	59.92	2.00	14.92
990615 SALAD, CRISP GARDEN HS 2 CUPS	2 CUP	1	49	*2	0.73	9.68	4.70	3.68
990634 PEARS, DICED CANNED, HS 1 CUP	1 cup	1	238	*N/A*	0.00	58.30	7.95	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2091	*140	66.09	316.37	*21.44	96.05
% of Calories				*26.8%	28.4%	60.5%		18.4%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 11/06/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001444 TURKEY, HOTDOG	2 oz	1	260	*4	9.50	31.00	2.00	14.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990622 CORN,	1 CUP	1	242	*0	8.11	*39.35	*5.86	*5.86

Base Menu Spreadsheet

Portion Values

SEASONED, FROZEN HS 1 CUP									
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99	
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00	
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00	
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00	
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00	
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50	
990555 PORK, BBQ SANDWICH (DISTANT LEARNERS, COVID)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47	
990557 SANDWICH, CHICKEN (DISTANT LEARNERS, COVID)	1 EACH	1	370	6	23.00	45.00	3.00	28.00	
990554 HAMBURGER (DISTANT LEARNERS, COVID)	EACH	1	320	4	28.00	32.00	3.00	19.00	
990559 CHICKEN, POPCORN (DISTANT LEARNERS, COVID)	3.0 OZ (10 EACH	1	162	1	6.08	13.18	1.01	14.20	
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50	
990547 TURKEY, HOTDOG (DISTANT LEARNERS, COVID19)	2 oz	1	260	*4	9.50	31.00	2.00	14.00	
Weighted Daily Average			3258	*122	146.86	*411.90	*33.72	*179.51	
% of Calories				*15.0%	40.6%	*50.6%		*22.0%	
Weekly Nutrient Guideline			750 - 850		<=0				

Monday - 11/09/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47
990460 QUESADILLA, CHEESE, HIGH	2 QUESADILLA	1	501	2	31.24	30.92	2.00	26.41
990608 BEANS, BAKED HS 1 CUP	1 CUP	1	222	22	0.00	46.59	8.88	6.66
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1481	89	59.97	178.17	*14.20	90.54
% of Calories				24.0%	36.4%	48.1%		24.5%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 11/10/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	370	6	23.00	45.00	3.00	28.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990610 POTATO, MASHED HS 1 CUP	1 CUP	1	67	*0	4.45	*5.25	*0.22	*0.44
990625 STRAWBERRY DELIGHT HS 1 CUP	1 cup	1	324	69	1.00	74.87	3.89	1.94
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
Weighted Daily Average			1150	*119	37.45	*174.13	*7.11	*54.38
% of Calories				*41.4%	29.3%	*60.6%		*18.9%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 11/11/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850		<=0			

Thursday - 11/12/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990632 SANDWICH, DELI TURKEY HS	SANDWICH	1	352	*8	12.82	34.75	2.00	23.74
990134 PIZZA, 3 CHEESE GARLIC BREAD	1 EACH	1	335	*3	14.64	33.81	0.91	18.48
990618 BROCCOLI,	1 CUP	1	36	*1	0.00	5.84	*4.06	4.06

Base Menu Spreadsheet

Portion Values

SEASONED HS 1 CUP									
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99	
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00	
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00	
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00	
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00	
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50	
Weighted Daily Average			1218	*65	36.91	149.83	*12.31	71.76	
% of Calories				*21.3%	27.3%	49.2%		23.6%	
Weekly Nutrient Guideline			750 - 850		<=0				

Friday - 11/13/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990619 GREEN BEANS, FROZEN, HS 1 CUP	1 CUP	1	84	*1	0.13	15.40	*4.27	4.42
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

Base Menu Spreadsheet

Portion Values

990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990555 PORK, BBQ SANDWICH (DISTANT LEARNERS, COVID)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47
990557 SANDWICH, CHICKEN (DISTANT LEARNERS, COVID)	1 EACH	1	370	6	23.00	45.00	3.00	28.00
990554 HAMBURGER (DISTANT LEARNERS, COVID)	EACH	1	320	4	28.00	32.00	3.00	19.00
990559 CHICKEN, POPCORN (DISTANT LEARNERS, COVID)	3.0 OZ (10 EACH)	1	162	1	6.08	13.18	1.01	14.20
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990547 TURKEY, HOTDOG (DISTANT LEARNERS, COVID19)	2 oz	1	260	*4	9.50	31.00	2.00	14.00
Weighted Daily Average			3120	*127	143.39	383.96	*31.13	174.08
% of Calories				*16.3%	41.4%	49.2%		22.3%
Weekly Nutrient Guideline			750 - 850		<=0			

Monday - 11/16/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	320	4	28.00	32.00	3.00	19.00
001057 SANDWICH, GRILLED CHEESE	1 each	1	390	*6	21.78	34.12	2.00	20.19
990621 VEGETABLES, MIXED, FROZEN HS 1 CUP	1 CUP	1	198	*8	7.14	*29.33	*7.96	*5.32
990628 APPLES, CINNAMON, HS 1 CUP	1 CUP	1	123	31	*0.19	31.60	*2.23	*0.72
990391 SAUCE,	POUCH	1	5	0	0.00	0.50	0.00	0.50

Base Menu Spreadsheet

Portion Values

MUSTARD, INDV								
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1425	*93	*66.11	*176.56	*15.20	*69.74
% of Calories				*26.1%	*41.8%	*49.6%		*19.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 11/17/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	305	1	19.28	12.91	1.00	18.40
990469 BENTO BOX-HIGH SCHOOL COLBY CHEESE	1 BOX	1	651	*46	22.99	95.84	8.00	19.54
990468 BENTO BOX-HIGH SCHOOL CHEDDAR CHEESE	1 BOX	1	680	*47	26.42	*97.35	8.00	20.38
990269 BENTO BOX-MOZZARELLA CHEESE	1 BOX	1	370	*20	15.38	49.73	5.00	16.67
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990304 GLAZED SWEET POTATOES, HS 1.25 CUPS	1.25 CUP	1	245	*26	*4.95	*48.42	*3.19	*1.06
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1%	HALF PINT	1	110	12	2.50	13.00	0.00	8.00

Base Menu Spreadsheet

Portion Values

LOWFAT								
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2788	*195	*95.97	*393.20	*32.02	*104.54
% of Calories				*28.0%	*31.0%	*56.4%		*15.0%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 11/18/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990073 NACHOS, BEEF SUPREME HS	1 SERVING	1	617	*0	41.14	26.52	2.42	28.90
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990624 BEANS, CHEESY DIP W. CHIPS HS 1 CUP	1 CUP	1	483	6	13.46	62.30	19.82	26.06
990630 MANDARIN SALAD HS 1 CUP	1 cup	1	127	25	0.00	29.56	2.56	*0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1567	*73	59.60	164.39	*24.80	*78.97
% of Calories				*18.6%	34.2%	42.0%		*20.2%
Weekly Nutrient Guideline			750 - 850		<=0			

Thursday - 11/19/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990019 CHICKEN, SANDWICH KICKIN	1 EACH	1	370	4	23.00	46.00	4.00	28.00
990466 YOGURT & MUFFIN PLATE- (CHOCOLATE MUFFIN)	SERVING	1	267	23	9.52	35.55	0.80	11.52
990228 YOGURT & MUFFIN PLATE- (BANANA MUFFIN)	SERVING	1	409	35	12.92	60.92	2.00	13.92
990465 YOGURT & MUFFIN PLATE- (APPLE CINNAMON)	SERVING	1	419	34	14.91	59.92	2.00	14.92
990615 SALAD, CRISP GARDEN HS 2 CUPS	2 CUP	1	49	*2	0.73	9.68	4.70	3.68
990634 PEARS, DICED CANNED, HS 1 CUP	1 cup	1	238	*N/A*	0.00	58.30	7.95	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2091	*140	66.09	316.37	*21.44	96.05
% of Calories				*26.8%	28.4%	60.5%		18.4%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 11/20/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001444 TURKEY, HOTDOG	2 oz	1	260	*4	9.50	31.00	2.00	14.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00

Base Menu Spreadsheet

Oct 1, 2020 thru Dec 18, 2020

Portion Values

990622 CORN, SEASONED, FROZEN HS 1 CUP	1 CUP	1	242	*0	8.11	*39.35	*5.86	*5.86
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990555 PORK, BBQ SANDWICH (DISTANT LEARNERS, COVID)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47
990557 SANDWICH, CHICKEN (DISTANT LEARNERS, COVID)	1 EACH	1	370	6	23.00	45.00	3.00	28.00
990554 HAMBURGER (DISTANT LEARNERS, COVID)	EACH	1	320	4	28.00	32.00	3.00	19.00
990559 CHICKEN, POPCORN (DISTANT LEARNERS, COVID)	3.0 OZ (10 EACH)	1	162	1	6.08	13.18	1.01	14.20
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990547 TURKEY, HOTDOG (DISTANT LEARNERS, COVID19)	2 oz	1	260	*4	9.50	31.00	2.00	14.00
Weighted Daily Average			3258	*122	146.86	*411.90	*33.72	*179.51
% of Calories				*15.0%	40.6%	*50.6%		*22.0%
Weekly Nutrient Guideline			750 - 850		<=0			

Monday - 11/23/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 11/24/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 11/25/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850		<=0			

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

Thursday - 11/26/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 11/27/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			750 - 850		<=0			

Monday - 11/30/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47
990460 QUESADILLA, CHEESE, HIGH	2 QUESADILLA	1	501	2	31.24	30.92	2.00	26.41

Base Menu Spreadsheet

Portion Values

990608 BEANS, BAKED HS 1 CUP	1 CUP	1	222	22	0.00	46.59	8.88	6.66
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1481	89	59.97	178.17	*14.20	90.54
% of Calories				24.0%	36.4%	48.1%		24.5%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 12/01/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	370	6	23.00	45.00	3.00	28.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990610 POTATO, MASHED HS 1 CUP	1 CUP	1	67	*0	4.45	*5.25	*0.22	*0.44
990625 STRAWBERRY DELIGHT HS 1 CUP	1 cup	1	324	69	1.00	74.87	3.89	1.94
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE,	1 PACK	1	40	0	4.00	0.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

MAYONNAISE, LIGHT, IND								
Weighted Daily Average			1150	*119	37.45	*174.13	*7.11	*54.38
% of Calories				*41.4%	29.3%	*60.6%		*18.9%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 12/02/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990342 CHICKEN, POPCORN PROVIEW	3.0 OZ (10 EACH)	1	162	1	6.08	13.18	1.01	14.20
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990613 CARROTS, SWEET GLAZED HS 1.25 CUP	1.25 CUP	1	158	*25	3.51	*31.78	*7.48	*1.79
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1600	*109	48.53	*228.67	*23.34	*66.47
% of Calories				*27.2%	27.3%	*57.2%		*16.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Thursday - 12/03/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990632 SANDWICH, DELI TURKEY HS	SANDWICH	1	352	*8	12.82	34.75	2.00	23.74
990134 PIZZA, 3 CHEESE GARLIC BREAD	1 EACH	1	335	*3	14.64	33.81	0.91	18.48
990618 BROCCOLI, SEASONED HS 1 CUP	1 CUP	1	36	*1	0.00	5.84	*4.06	4.06
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1218	*65	36.91	149.83	*12.31	71.76
% of Calories				*21.3%	27.3%	49.2%		23.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 12/04/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990619 GREEN BEANS,	1 CUP	1	84	*1	0.13	15.40	*4.27	4.42

Base Menu Spreadsheet

Portion Values

FROZEN, HS 1 CUP									
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99	
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00	
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00	
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00	
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00	
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50	
990555 PORK, BBQ SANDWICH (DISTANT LEARNERS, COVID)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47	
990557 SANDWICH, CHICKEN (DISTANT LEARNERS, COVID)	1 EACH	1	370	6	23.00	45.00	3.00	28.00	
990554 HAMBURGER (DISTANT LEARNERS, COVID)	EACH	1	320	4	28.00	32.00	3.00	19.00	
990559 CHICKEN, POPCORN (DISTANT LEARNERS, COVID)	3.0 OZ (10 EACH)	1	162	1	6.08	13.18	1.01	14.20	
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50	
990547 TURKEY, HOTDOG (DISTANT LEARNERS, COVID19)	2 oz	1	260	*4	9.50	31.00	2.00	14.00	
Weighted Daily Average			3120	*127	143.39	383.96	*31.13	174.08	
% of Calories				*16.3%	41.4%	49.2%		22.3%	
Weekly Nutrient Guideline			750 - 850		<=0				

Monday - 12/07/2020

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	320	4	28.00	32.00	3.00	19.00
001057 SANDWICH, GRILLED CHEESE	1 each	1	390	*6	21.78	34.12	2.00	20.19
990621 VEGETABLES, MIXED, FROZEN HS 1 CUP	1 CUP	1	198	*8	7.14	*29.33	*7.96	*5.32
990628 APPLES, CINNAMON, HS 1 CUP	1 CUP	1	123	31	*0.19	31.60	*2.23	*0.72
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1425	*93	*66.11	*176.56	*15.20	*69.74
% of Calories				*26.1%	*41.8%	*49.6%		*19.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 12/08/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	305	1	19.28	12.91	1.00	18.40
990469 BENTO BOX-HIGH SCHOOL COLBY CHEESE	1 BOX	1	651	*46	22.99	95.84	8.00	19.54

Base Menu Spreadsheet

Oct 1, 2020 thru Dec 18, 2020

Portion Values

990468 BENTO BOX-HIGH SCHOOL CHEDDAR CHEESE	1 BOX	1	680	*47	26.42	*97.35	8.00	20.38
990269 BENTO BOX-MOZZARELLA CHEESE	1 BOX	1	370	*20	15.38	49.73	5.00	16.67
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990304 GLAZED SWEET POTATOES, HS 1.25 CUPS	1.25 CUP	1	245	*26	*4.95	*48.42	*3.19	*1.06
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2788	*195	*95.97	*393.20	*32.02	*104.54
% of Calories				*28.0%	*31.0%	*56.4%		*15.0%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 12/09/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990073 NACHOS, BEEF SUPREME HS	1 SERVING	1	617	*0	41.14	26.52	2.42	28.90
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990624 BEANS, CHEESY DIP W. CHIPS HS 1 CUP	1 CUP	1	483	6	13.46	62.30	19.82	26.06
990630 MANDARIN SALAD HS 1 CUP	1 cup	1	127	25	0.00	29.56	2.56	*0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK,	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

Base Menu Spreadsheet

Portion Values

CHOCOLATE, 1%								
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1567	*73	59.60	164.39	*24.80	*78.97
% of Calories				*18.6%	34.2%	42.0%		*20.2%
Weekly Nutrient Guideline			750 - 850		<=0			

Thursday - 12/10/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990019 CHICKEN, SANDWICH KICKIN	1 EACH	1	370	4	23.00	46.00	4.00	28.00
990466 YOGURT & MUFFIN PLATE- (CHOCOLATE MUFFIN)	SERVING	1	267	23	9.52	35.55	0.80	11.52
990228 YOGURT & MUFFIN PLATE- (BANANA MUFFIN)	SERVING	1	409	35	12.92	60.92	2.00	13.92
990465 YOGURT & MUFFIN PLATE- (APPLE CINNAMON)	SERVING	1	419	34	14.91	59.92	2.00	14.92
990615 SALAD, CRISP GARDEN HS 2 CUPS	2 CUP	1	49	*2	0.73	9.68	4.70	3.68
990634 PEARS, DICED CANNED, HS 1 CUP	1 cup	1	238	*N/A*	0.00	58.30	7.95	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2091	*140	66.09	316.37	*21.44	96.05
% of Calories				*26.8%	28.4%	60.5%		18.4%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 12/11/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001444 TURKEY, HOTDOG	2 oz	1	260	*4	9.50	31.00	2.00	14.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990622 CORN, SEASONED, FROZEN HS 1 CUP	1 CUP	1	242	*0	8.11	*39.35	*5.86	*5.86
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990555 PORK, BBQ SANDWICH (DISTANT LEARNERS, COVID)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47
990557 SANDWICH, CHICKEN (DISTANT	1 EACH	1	370	6	23.00	45.00	3.00	28.00

Base Menu Spreadsheet

Portion Values

LEARNERS, COVID)									
990554 HAMBURGER (DISTANT LEARNERS, COVID)	EACH	1	320	4	28.00	32.00	3.00	19.00	
990559 CHICKEN, POPCORN (DISTANT LEARNERS, COVID)	3.0 OZ (10 EACH)	1	162	1	6.08	13.18	1.01	14.20	
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50	
990547 TURKEY, HOTDOG (DISTANT LEARNERS, COVID19)	2 oz	1	260	*4	9.50	31.00	2.00	14.00	
Weighted Daily Average			3258	*122	146.86	*411.90	*33.72	*179.51	
% of Calories				*15.0%	40.6%	*50.6%		*22.0%	
Weekly Nutrient Guideline			750 - 850		<=0				

Monday - 12/14/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47
990460 QUESADILLA, CHEESE, HIGH	2 QUESADILLA	1	501	2	31.24	30.92	2.00	26.41
990608 BEANS, BAKED HS 1 CUP	1 CUP	1	222	22	0.00	46.59	8.88	6.66
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1481	89	59.97	178.17	*14.20	90.54
% of Calories				24.0%	36.4%	48.1%		24.5%
Weekly Nutrient Guideline			750 - 850		<=0			

Tuesday - 12/15/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	370	6	23.00	45.00	3.00	28.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990610 POTATO, MASHED HS 1 CUP	1 CUP	1	67	*0	4.45	*5.25	*0.22	*0.44
990625 STRAWBERRY DELIGHT HS 1 CUP	1 cup	1	324	69	1.00	74.87	3.89	1.94
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
Weighted Daily Average			1150	*119	37.45	*174.13	*7.11	*54.38
% of Calories				*41.4%	29.3%	*60.6%		*18.9%
Weekly Nutrient Guideline			750 - 850		<=0			

Wednesday - 12/16/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990342 CHICKEN, POPCORN PROVIEW	3.0 OZ (10 EACH	1	162	1	6.08	13.18	1.01	14.20
990174 ROLLS, YEAST WG 1oz	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990613 CARROTS, SWEET GLAZED HS 1.25 CUP	1.25 CUP	1	158	*25	3.51	*31.78	*7.48	*1.79
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

Base Menu Spreadsheet

Portion Values

Oct 1, 2020 thru Dec 18, 2020

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1600	*109	48.53	*228.67	*23.34	*66.47
% of Calories				*27.2%	27.3%	*57.2%		*16.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Thursday - 12/17/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990632 SANDWICH, DELI TURKEY HS	SANDWICH	1	352	*8	12.82	34.75	2.00	23.74
990134 PIZZA, 3 CHEESE GARLIC BREAD	1 EACH	1	335	*3	14.64	33.81	0.91	18.48
990618 BROCCOLI, SEASONED HS 1 CUP	1 CUP	1	36	*1	0.00	5.84	*4.06	4.06
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1218	*65	36.91	149.83	*12.31	71.76
% of Calories				*21.3%	27.3%	49.2%		23.6%
Weekly Nutrient Guideline			750 - 850		<=0			

Friday - 12/18/2020

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	734	28	32.00	91.76	*8.00	22.00
990619 GREEN BEANS, FROZEN, HS 1 CUP	1 CUP	1	84	*1	0.13	15.40	*4.27	4.42
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	*11	0.44	28.93	5.34	0.99
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990555 PORK, BBQ SANDWICH (DISTANT LEARNERS, COVID)	SANDWICH	1	359	19	23.72	36.17	*2.00	33.47
990557 SANDWICH, CHICKEN (DISTANT LEARNERS, COVID)	1 EACH	1	370	6	23.00	45.00	3.00	28.00

Base Menu Spreadsheet

Portion Values

990554 HAMBURGER (DISTANT LEARNERS, COVID)	EACH	1	320	4	28.00	32.00	3.00	19.00
990559 CHICKEN, POPCORN (DISTANT LEARNERS, COVID)	3.0 OZ (10 EACH)	1	162	1	6.08	13.18	1.01	14.20
990553 ROLLS, YEAST WG 1oz (DISTANT LEARNERS, COVID)	1 ROLL	1	85	2	1.50	14.01	1.50	3.50
990547 TURKEY, HOTDOG (DISTANT LEARNERS, COVID19)	2 oz	1	260	*4	9.50	31.00	2.00	14.00
Weighted Daily Average			3120	*127	143.39	383.96	*31.13	174.08
% of Calories				*16.3%	41.4%	49.2%		22.3%
Weekly Nutrient Guideline			750 - 850		<=0			

			Cals ¹ (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			1705	*98	*65.89	*222.98	*18.51	*85.33
% of Calories				*23.0%	*34.8%	*52.3%		*20.0%

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- * - denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ - denotes required nutrient values
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.