

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

**Menu Name:** BREAKFAST ELEMENTARY, K8, & MIDDLE

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 02/22/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990093 BISCUIT, CHICKEN	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

STABLE									
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1769	1997	*162	37.31	327.95	19.72	44.66
% of Calories					*36.6%	19.0%	74.2%		10.1%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Tuesday - 02/23/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
Weighted Daily Average			1555	1303	*179	23.22	319.47	17.67	30.50
% of Calories					*46.0%	13.4%	82.2%		7.8%
Weekly Nutrient Guideline			400 - 500	540		<=0			

## Wednesday - 02/24/2021

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
Weighted Daily Average			1129	626	*161	10.60	246.99	10.65	21.53
% of Calories					*57.0%	8.4%	87.5%		7.6%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Thursday - 02/25/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001057 SANDWICH, GRILLED CHEESE	1 each	1	390	896	*6	21.78	34.12	2.00	20.19
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00

# Base Menu Spreadsheet

## Portion Values

990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
Weighted Daily Average			1857	1960	*165	46.04	330.97	19.71	51.72
% of Calories					*35.5%	22.3%	71.3%		11.1%
Weekly Nutrient Guideline			400 - 500	540		<=0			

## Friday - 02/26/2021

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00

# Base Menu Spreadsheet

## Portion Values

990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990604 BISCUIT, CHICKEN (DISTANT LEARNERS, COVID)	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990162 FRUDEL, APPLE	1 FRUDEL	1	210	260	11	6.00	36.00	2.00	5.00
990163 FRUDEL, CHERRY	1 FRUDEL	1	210	260	11	6.00	37.00	2.00	5.00
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
Weighted Daily Average			3923	3956	*350	73.19	771.80	51.94	73.69
% of Calories					*35.7%	16.8%	78.7%		7.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Monday - 03/01/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990722 BREAKFAST GRAB-N-GO SNACK BAG- COOKIES AND CREAM	1 BAR 1 CRACKER	1	250	172	*9	7.50	43.00	5.00	5.00
990723 BREAKFAST GRAB-N-GO SNACK BAG- CHOCOLATE	1 BAR 1 CRACKER	1	260	305	*12	6.50	45.00	3.00	5.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
Weighted Daily Average			1873	1226	*199	29.10	382.89	23.48	33.51
% of Calories					*42.5%	14.0%	81.8%		7.2%
Weekly Nutrient Guideline			400 - 500	540		<=0			



# Base Menu Spreadsheet

Portion Values

Feb 22, 2021 thru May 25, 2021

Tuesday - 03/02/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990149 WAFFLES, BLUEBERRY, MINI	1 POUCH	1	210	180	12	6.00	37.01	3.00	4.00
990032 CEREAL, APPLE CINNAMON CHEERIOS	EACH	1	110	110	10	1.50	23.00	2.00	2.00
990037 CEREAL, APPLE JACKS	EACH	1	110	160	8	1.00	24.00	3.00	2.00
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	160	6	3.00	22.00	3.00	1.00
990039 CEREAL, COCO PUFFS	EACH	1	104	151	8	1.42	23.62	1.89	1.89
990034 CEREAL, FROSTED FLAKES	EACH	1	100	160	7	0.00	24.00	2.00	2.00
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	1	6	0.11	23.63	*N/A*	2.58
990035 CEREAL, FRUIT LOOPS	EACH	1	110	170	8	1.00	24.00	3.00	2.00
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	146	10	1.46	25.38	1.95	1.95
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	108	8	1.51	22.26	2.10	2.55
990252 CEREAL, HONEY NUT CHEX	EACH	1	123	195	9	0.51	27.78	1.03	2.06
990036 CEREAL, RAISIN BRAN	EACH	1	110	125	10	0.50	27.00	4.00	3.00
990253 CEREAL, TRIX	EACH	1	111	142	7	1.01	24.30	1.01	1.01
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS,	PACKS	1	110	95	7	3.00	21.00	1.00	2.00

# Base Menu Spreadsheet

## Portion Values

STRAWBERRY DINOSAUR GRAHAMS									
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
000509 SYRUP, IND PK	1.5 oz	1	160	45	16	0.00	31.00	0.00	0.00
Weighted Daily Average			2698	2596	*258	34.26	565.46	*36.66	51.53
% of Calories					*38.3%	11.4%	83.8%		7.6%
Weekly Nutrient Guideline			400 - 500	540		<=0			

### Wednesday - 03/03/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990158 BREAD, BLUEBERRY, BRKFAST SLICE	1 SLICE	1	270	190	24	9.00	43.00	2.00	6.00
990142 BREAD, BANANA, BRKFAST SLICE	1 SLICE	1	280	220	25	10.00	44.00	2.00	5.00
990603 BERRY	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)									
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
Weighted Daily Average			1540	736	*213	21.60	316.32	14.89	27.53
% of Calories					*55.3%	12.6%	82.2%		7.2%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Thursday - 03/04/2021

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990042 JELLY, APPLE IND.	PKG	1	35	0	6	0.00	9.00	0.00	0.00
990172 JELLY, GRAPE, IND	1 PACK	1	35	0	5	0.00	9.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

990043 JELLY, STRAWBERRY IND.	PKG	1	35	5	6	0.00	9.00	0.00	0.00
Weighted Daily Average			1874	2002	*179	37.31	354.95	19.72	44.66
% of Calories					*38.2%	17.9%	75.8%		9.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

### Friday - 03/05/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE,	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

SHELF STABLE, 4 OZ									
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990604 BISCUIT, CHICKEN (DISTANT LEARNERS, COVID)	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990162 FRUDEL, APPLE	1 FRUDEL	1	210	260	11	6.00	36.00	2.00	5.00
990163 FRUDEL, CHERRY	1 FRUDEL	1	210	260	11	6.00	37.00	2.00	5.00
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
990728 PANCAKE SANDWICH, BREAKFAST MAPLE/SAUSAGE IW	1 SANDWICH	1	143	327	4	4.60	15.70	1.79	9.00
990730 DONUT BITES, GLAZED, BAKECRAFTERS	1 PACK	1	250	190	13	10.00	37.00	3.00	5.00
990729 BREAKFAST BAR.	1 BAR	1	250	310	15	7.00	43.00	3.00	7.00

# Base Menu Spreadsheet

## Portion Values

SOFT, CINN TOAST CRUNCH									
990244 EGGS, CHEDDAR CHEESE OMELET	2 OZ OMELET	1	129	288	0	10.94	0.99	0.00	6.96
Weighted Daily Average			4155	4512	*336	97.73	755.50	50.73	94.65
% of Calories					*32.3%	21.2%	72.7%		9.1%
Weekly Nutrient Guideline			400 - 500	540		<=0			

### Monday - 03/08/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990728 PANCAKE SANDWICH, BREAKFAST MAPLE/SAUSAGE IW	1 SANDWICH	1	143	327	4	4.60	15.70	1.79	9.00
990731 BURRITO, BREAKFAST	1 BURRITO	1	210	300	1	10.00	20.00	0.00	9.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
Weighted Daily Average			2256	1937	*229	37.70	443.59	26.27	48.51
% of Calories					*40.6%	15.0%	78.7%		8.6%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Tuesday - 03/09/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990730 DONUT BITES, GLAZED, BAKECRAFTERS	1 PACK	1	250	190	13	10.00	37.00	3.00	5.00
990093 BISCUIT, CHICKEN	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990032 CEREAL, APPLE CINNAMON CHEERIOS	EACH	1	110	110	10	1.50	23.00	2.00	2.00



# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

990037 CEREAL, APPLE JACKS	EACH	1	110	160	8	1.00	24.00	3.00	2.00
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	160	6	3.00	22.00	3.00	1.00
990039 CEREAL, COCO PUFFS	EACH	1	104	151	8	1.42	23.62	1.89	1.89
990034 CEREAL, FROSTED FLAKES	EACH	1	100	160	7	0.00	24.00	2.00	2.00
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	1	6	0.11	23.63	*N/A*	2.58
990035 CEREAL, FRUIT LOOPS	EACH	1	110	170	8	1.00	24.00	3.00	2.00
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	146	10	1.46	25.38	1.95	1.95
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	108	8	1.51	22.26	2.10	2.55
990252 CEREAL, HONEY NUT CHEX	EACH	1	123	195	9	0.51	27.78	1.03	2.06
990036 CEREAL, RAISIN BRAN	EACH	1	110	125	10	0.50	27.00	4.00	3.00
990253 CEREAL, TRIX	EACH	1	111	142	7	1.01	24.30	1.01	1.01
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
Weighted Daily Average			2879	3494	*246	51.30	565.55	*38.67	65.66
% of Calories					*34.2%	16.0%	78.6%		9.1%
Weekly Nutrient Guideline			400 - 500	540		<=0			

## Wednesday - 03/10/2021

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990729 BREAKFAST BAR, SOFT, CINN TOAST CRUNCH	1 BAR	1	250	310	15	7.00	43.00	3.00	7.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990723 BREAKFAST GRAB-N-GO SNACK BAG- CHOCOLATE	1 BAR 1 CRACKER	1	260	305	*12	6.50	45.00	3.00	5.00
990722 BREAKFAST GRAB-N-GO SNACK BAG- COOKIES AND CREAM	1 BAR 1 CRACKER	1	250	172	*9	7.50	43.00	5.00	5.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
Weighted Daily Average			1750	1113	*200	23.60	360.32	21.89	33.53
% of Calories					*45.7%	12.1%	82.4%		7.7%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Thursday - 03/11/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990244 EGGS, CHEDDAR CHEESE OMELET	2 OZ OMELET	1	129	288	0	10.94	0.99	0.00	6.96
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02

# Base Menu Spreadsheet

## Portion Values

990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990604 BISCUIT, CHICKEN (DISTANT LEARNERS, COVID)	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00

# Base Menu Spreadsheet

## Portion Values

990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00
990103 MUFFIN, APPLE CINNAMON	1 MUFFIN	1	260	240	20	8.99	41.94	2.00	4.99
990104 MUFFIN, BANANA	1 MUFFIN	1	250	200	21	6.99	42.94	2.00	4.00
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			4643	4728	*420	109.45	847.31	47.39	104.11
% of Calories					*36.2%	21.2%	73.0%		9.0%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Friday - 03/12/2021

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0	0
% of Calories					0%	0%	0%		0%
Weekly Nutrient Guideline			400 - 500	540		<=0			

### Monday - 03/15/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0	0
% of Calories					0%	0%	0%		0%
Weekly Nutrient Guideline			400 - 500	540		<=0			

### Tuesday - 03/16/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990488 JUICE, APPLE,	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

SHELF STABLE, 4 OZ									
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
Weighted Daily Average			877	1241	*108	15.77	155.57	4.68	29.62
% of Calories					*49.3%	16.2%	71.0%		13.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

### Wednesday - 03/17/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990255 PANCAKES, MINI BLUEBERRY	POUCH	1	230	330	16	6.00	38.00	3.00	5.00
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	108	8	1.51	22.26	2.10	2.55
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	1	6	0.11	23.63	*N/A*	2.58
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	146	10	1.46	25.38	1.95	1.95
990253 CEREAL, TRIX	EACH	1	111	142	7	1.01	24.30	1.01	1.01
990036 CEREAL, RAISIN BRAN	EACH	1	110	125	10	0.50	27.00	4.00	3.00
990252 CEREAL, HONEY NUT CHEX	EACH	1	123	195	9	0.51	27.78	1.03	2.06

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

990035 CEREAL, FRUIT LOOPS	EACH	1	110	170	8	1.00	24.00	3.00	2.00
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	160	6	3.00	22.00	3.00	1.00
990034 CEREAL, FROSTED FLAKES	EACH	1	100	160	7	0.00	24.00	2.00	2.00
990039 CEREAL, COCO PUFFS	EACH	1	104	151	8	1.42	23.62	1.89	1.89
990037 CEREAL, APPLE JACKS	EACH	1	110	160	8	1.00	24.00	3.00	2.00
990032 CEREAL, APPLE CINNAMON CHEERIOS	EACH	1	110	110	10	1.50	23.00	2.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02



# Base Menu Spreadsheet

## Portion Values

000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2762	2619	*280	30.63	596.97	*40.64	51.56
% of Calories					*40.6%	10.0%	86.5%		7.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

## Thursday - 03/18/2021

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1555	1303	*179	23.22	319.47	17.67	30.50
% of Calories					*46.0%	13.4%	82.2%		7.8%
Weekly Nutrient Guideline			400 - 500	540		<=0			

## Friday - 03/19/2021

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990103 MUFFIN, APPLE CINNAMON	1 MUFFIN	1	260	240	20	8.99	41.94	2.00	4.99
990104 MUFFIN, BANANA	1 MUFFIN	1	250	200	21	6.99	42.94	2.00	4.00
990251 MUFFIN, CHERRY	1 MUFFIN	1	230	240	16	7.00	39.00	0.00	4.00
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990604 BISCUIT, CHICKEN (DISTANT LEARNERS, COVID)	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990129 POPTART,	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

CINNAMON									
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990103 MUFFIN, APPLE CINNAMON	1 MUFFIN	1	260	240	20	8.99	41.94	2.00	4.99
990104 MUFFIN, BANANA	1 MUFFIN	1	250	200	21	6.99	42.94	2.00	4.00
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
Weighted Daily Average			4487	4197	*396	99.37	846.04	51.60	83.16
% of Calories					*35.3%	19.9%	75.4%		7.4%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Monday - 03/22/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990731 BURRITO, BREAKFAST	1 BURRITO	1	210	300	1	10.00	20.00	0.00	9.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
Weighted Daily Average			2113	1610	*225	33.10	427.89	24.48	39.51
% of Calories					*42.6%	14.1%	81.0%		7.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Tuesday - 03/23/2021

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990032 CEREAL, APPLE CINNAMON CHEERIOS	EACH	1	110	110	10	1.50	23.00	2.00	2.00
990037 CEREAL, APPLE JACKS	EACH	1	110	160	8	1.00	24.00	3.00	2.00
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	160	6	3.00	22.00	3.00	1.00
990039 CEREAL, COCO PUFFS	EACH	1	104	151	8	1.42	23.62	1.89	1.89
990034 CEREAL, FROSTED FLAKES	EACH	1	100	160	7	0.00	24.00	2.00	2.00
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	1	6	0.11	23.63	*N/A*	2.58
990035 CEREAL, FRUIT LOOPS	EACH	1	110	170	8	1.00	24.00	3.00	2.00
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	146	10	1.46	25.38	1.95	1.95
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	108	8	1.51	22.26	2.10	2.55
990252 CEREAL, HONEY NUT CHEX	EACH	1	123	195	9	0.51	27.78	1.03	2.06
990036 CEREAL, RAISIN BRAN	EACH	1	110	125	10	0.50	27.00	4.00	3.00
990253 CEREAL, TRIX	EACH	1	111	142	7	1.01	24.30	1.01	1.01
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49

# Base Menu Spreadsheet

## Portion Values

000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
Weighted Daily Average			2629	3304	*233	41.30	528.55	*35.67	60.66
% of Calories					*35.5%	14.1%	80.4%		9.2%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Wednesday - 03/24/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990723 BREAKFAST GRAB-N-GO SNACK BAG- CHOCOLATE	1 BAR 1 CRACKER	1	260	305	*12	6.50	45.00	3.00	5.00
990722 BREAKFAST GRAB-N-GO SNACK BAG- COOKIES AND CREAM	1 BAR 1 CRACKER	1	250	172	*9	7.50	43.00	5.00	5.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
Weighted Daily Average			1500	803	*185	16.60	317.32	18.89	26.53
% of Calories					*49.3%	10.0%	84.6%		7.1%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Thursday - 03/25/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02



# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
Weighted Daily Average			1687	1264	*170	31.26	333.85	19.71	35.53
% of Calories					*40.3%	16.7%	79.2%		8.4%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Friday - 03/26/2021

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990725 MINI BAGEL, PILLSBURY, STAWBERRY CREAM	1 PACKAGE	1	230	180	13	6.00	41.00	2.00	6.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990604 BISCUIT, CHICKEN (DISTANT LEARNERS, COVID)	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990103 MUFFIN, APPLE CINNAMON	1 MUFFIN	1	260	240	20	8.99	41.94	2.00	4.99
990104 MUFFIN, BANANA	1 MUFFIN	1	250	200	21	6.99	42.94	2.00	4.00
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
Weighted Daily Average			3526	3376	*326	73.35	672.77	40.57	68.13
% of Calories					*37.0%	18.7%	76.3%		7.7%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Monday - 03/29/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00

# Base Menu Spreadsheet

## Portion Values

990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2109	1621	*235	31.10	441.99	25.65	35.53
% of Calories					*44.6%	13.3%	83.8%		6.7%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Tuesday - 03/30/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
Weighted Daily Average			877	1241	*108	15.77	155.57	4.68	29.62
% of Calories					*49.3%	16.2%	71.0%		13.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

### Wednesday - 03/31/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990255 PANCAKES, MINI BLUEBERRY	POUCH	1	230	330	16	6.00	38.00	3.00	5.00
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	108	8	1.51	22.26	2.10	2.55
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	1	6	0.11	23.63	*N/A*	2.58
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	146	10	1.46	25.38	1.95	1.95
990253 CEREAL, TRIX	EACH	1	111	142	7	1.01	24.30	1.01	1.01
990036 CEREAL, RAISIN BRAN	EACH	1	110	125	10	0.50	27.00	4.00	3.00
990252 CEREAL, HONEY NUT CHEX	EACH	1	123	195	9	0.51	27.78	1.03	2.06
990035 CEREAL, FRUIT LOOPS	EACH	1	110	170	8	1.00	24.00	3.00	2.00
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	160	6	3.00	22.00	3.00	1.00
990034 CEREAL, FROSTED FLAKES	EACH	1	100	160	7	0.00	24.00	2.00	2.00
990039 CEREAL, COCO PUFFS	EACH	1	104	151	8	1.42	23.62	1.89	1.89

# Base Menu Spreadsheet

## Portion Values

990037 CEREAL, APPLE JACKS	EACH	1	110	160	8	1.00	24.00	3.00	2.00
990032 CEREAL, APPLE CINNAMON CHEERIOS	EACH	1	110	110	10	1.50	23.00	2.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2762	2619	*280	30.63	596.97	*40.64	51.56
% of Calories					*40.6%	10.0%	86.5%		7.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Thursday - 04/01/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00



# Base Menu Spreadsheet

## Portion Values

990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1555	1303	*179	23.22	319.47	17.67	30.50
% of Calories					*46.0%	13.4%	82.2%		7.8%
Weekly Nutrient Guideline			400 - 500	540		<=0			

## Friday - 04/02/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0	0
% of Calories					0%	0%	0%		0%
Weekly Nutrient Guideline			400 - 500	540		<=0			

## Monday - 04/05/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0	0
% of Calories					0%	0%	0%		0%
Weekly Nutrient Guideline			400 - 500	540		<=0			

### Tuesday - 04/06/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0	0
% of Calories					0%	0%	0%		0%
Weekly Nutrient Guideline			400 - 500	540		<=0			

### Wednesday - 04/07/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0	0
% of Calories					0%	0%	0%		0%
Weekly Nutrient Guideline			400 - 500	540		<=0			

# Base Menu Spreadsheet

Portion Values

Feb 22, 2021 thru May 25, 2021

## Thursday - 04/08/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0	0
% of Calories					0%	0%	0%		0%
Weekly Nutrient Guideline			400 - 500	540		<=0			

## Friday - 04/09/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0	0
% of Calories					0%	0%	0%		0%
Weekly Nutrient Guideline			400 - 500	540		<=0			

## Monday - 04/12/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0	0
% of Calories					0%	0%	0%		0%
Weekly Nutrient Guideline			400 - 500	540		<=0			

**Tuesday - 04/13/2021**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990032 CEREAL, APPLE CINNAMON CHEERIOS	EACH	1	110	110	10	1.50	23.00	2.00	2.00
990037 CEREAL, APPLE JACKS	EACH	1	110	160	8	1.00	24.00	3.00	2.00
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	160	6	3.00	22.00	3.00	1.00
990039 CEREAL, COCO PUFFS	EACH	1	104	151	8	1.42	23.62	1.89	1.89
990034 CEREAL, FROSTED FLAKES	EACH	1	100	160	7	0.00	24.00	2.00	2.00
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	1	6	0.11	23.63	*N/A*	2.58
990035 CEREAL, FRUIT LOOPS	EACH	1	110	170	8	1.00	24.00	3.00	2.00
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	146	10	1.46	25.38	1.95	1.95
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	108	8	1.51	22.26	2.10	2.55
990252 CEREAL, HONEY NUT CHEX	EACH	1	123	195	9	0.51	27.78	1.03	2.06

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990036 CEREAL, RAISIN BRAN	EACH	1	110	125	10	0.50	27.00	4.00	3.00
990253 CEREAL, TRIX	EACH	1	111	142	7	1.01	24.30	1.01	1.01
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
Weighted Daily Average			2629	3304	*233	41.30	528.55	*35.67	60.66
% of Calories					*35.5%	14.1%	80.4%		9.2%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Wednesday - 04/14/2021

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990723 BREAKFAST GRAB-N-GO SNACK BAG- CHOCOLATE	1 BAR 1 CRACKER	1	260	305	*12	6.50	45.00	3.00	5.00
990722 BREAKFAST GRAB-N-GO SNACK BAG- COOKIES AND CREAM	1 BAR 1 CRACKER	1	250	172	*9	7.50	43.00	5.00	5.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
Weighted Daily Average			1500	803	*185	16.60	317.32	18.89	26.53
% of Calories					*49.3%	10.0%	84.6%		7.1%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Thursday - 04/15/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
Weighted Daily Average			1687	1264	*170	31.26	333.85	19.71	35.53
% of Calories					*40.3%	16.7%	79.2%		8.4%
Weekly Nutrient Guideline			400 - 500	540		<=0			

## Friday - 04/16/2021

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990725 MINI BAGEL, PILLSBURY, STAWBERRY CREAM	1 PACKAGE	1	230	180	13	6.00	41.00	2.00	6.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00



# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

PUNCH, SHELF STABLE									
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990604 BISCUIT, CHICKEN (DISTANT LEARNERS, COVID)	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990103 MUFFIN, APPLE CINNAMON	1 MUFFIN	1	260	240	20	8.99	41.94	2.00	4.99
990104 MUFFIN, BANANA	1 MUFFIN	1	250	200	21	6.99	42.94	2.00	4.00
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
Weighted Daily Average			3526	3376	*326	73.35	672.77	40.57	68.13
% of Calories					*37.0%	18.7%	76.3%		7.7%
Weekly Nutrient Guideline			400 - 500	540		<=0			

### Monday - 04/19/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

PUNCH, SHELF STABLE									
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2109	1621	*235	31.10	441.99	25.65	35.53
% of Calories					*44.6%	13.3%	83.8%		6.7%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Tuesday - 04/20/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
Weighted Daily Average			877	1241	*108	15.77	155.57	4.68	29.62
% of Calories					*49.3%	16.2%	71.0%		13.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

### Wednesday - 04/21/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990255 PANCAKES, MINI BLUEBERRY	POUCH	1	230	330	16	6.00	38.00	3.00	5.00
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	108	8	1.51	22.26	2.10	2.55
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	1	6	0.11	23.63	*N/A*	2.58
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	146	10	1.46	25.38	1.95	1.95
990253 CEREAL, TRIX	EACH	1	111	142	7	1.01	24.30	1.01	1.01
990036 CEREAL, RAISIN BRAN	EACH	1	110	125	10	0.50	27.00	4.00	3.00
990252 CEREAL, HONEY NUT CHEX	EACH	1	123	195	9	0.51	27.78	1.03	2.06

# Base Menu Spreadsheet

## Portion Values

990035 CEREAL, FRUIT LOOPS	EACH	1	110	170	8	1.00	24.00	3.00	2.00
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	160	6	3.00	22.00	3.00	1.00
990034 CEREAL, FROSTED FLAKES	EACH	1	100	160	7	0.00	24.00	2.00	2.00
990039 CEREAL, COCO PUFFS	EACH	1	104	151	8	1.42	23.62	1.89	1.89
990037 CEREAL, APPLE JACKS	EACH	1	110	160	8	1.00	24.00	3.00	2.00
990032 CEREAL, APPLE CINNAMON CHEERIOS	EACH	1	110	110	10	1.50	23.00	2.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2762	2619	*280	30.63	596.97	*40.64	51.56
% of Calories					*40.6%	10.0%	86.5%		7.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Thursday - 04/22/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1555	1303	*179	23.22	319.47	17.67	30.50
% of Calories					*46.0%	13.4%	82.2%		7.8%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Friday - 04/23/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990103 MUFFIN, APPLE CINNAMON	1 MUFFIN	1	260	240	20	8.99	41.94	2.00	4.99
990104 MUFFIN, BANANA	1 MUFFIN	1	250	200	21	6.99	42.94	2.00	4.00
990251 MUFFIN, CHERRY	1 MUFFIN	1	230	240	16	7.00	39.00	0.00	4.00
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00

# Base Menu Spreadsheet

## Portion Values

990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990604 BISCUIT, CHICKEN (DISTANT LEARNERS, COVID)	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990129 POPTART,	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00



# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

CINNAMON									
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990103 MUFFIN, APPLE CINNAMON	1 MUFFIN	1	260	240	20	8.99	41.94	2.00	4.99
990104 MUFFIN, BANANA	1 MUFFIN	1	250	200	21	6.99	42.94	2.00	4.00
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
Weighted Daily Average			4487	4197	*396	99.37	846.04	51.60	83.16
% of Calories					*35.3%	19.9%	75.4%		7.4%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Monday - 04/26/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990731 BURRITO, BREAKFAST	1 BURRITO	1	210	300	1	10.00	20.00	0.00	9.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
Weighted Daily Average			2113	1610	*225	33.10	427.89	24.48	39.51
% of Calories					*42.6%	14.1%	81.0%		7.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Tuesday - 04/27/2021

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990032 CEREAL, APPLE CINNAMON CHEERIOS	EACH	1	110	110	10	1.50	23.00	2.00	2.00
990037 CEREAL, APPLE JACKS	EACH	1	110	160	8	1.00	24.00	3.00	2.00
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	160	6	3.00	22.00	3.00	1.00
990039 CEREAL, COCO PUFFS	EACH	1	104	151	8	1.42	23.62	1.89	1.89
990034 CEREAL, FROSTED FLAKES	EACH	1	100	160	7	0.00	24.00	2.00	2.00
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	1	6	0.11	23.63	*N/A*	2.58
990035 CEREAL, FRUIT LOOPS	EACH	1	110	170	8	1.00	24.00	3.00	2.00
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	146	10	1.46	25.38	1.95	1.95
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	108	8	1.51	22.26	2.10	2.55
990252 CEREAL, HONEY NUT CHEX	EACH	1	123	195	9	0.51	27.78	1.03	2.06
990036 CEREAL, RAISIN BRAN	EACH	1	110	125	10	0.50	27.00	4.00	3.00
990253 CEREAL, TRIX	EACH	1	111	142	7	1.01	24.30	1.01	1.01
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
Weighted Daily Average			2629	3304	*233	41.30	528.55	*35.67	60.66
% of Calories					*35.5%	14.1%	80.4%		9.2%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Wednesday - 04/28/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990723 BREAKFAST GRAB-N-GO SNACK BAG- CHOCOLATE	1 BAR 1 CRACKER	1	260	305	*12	6.50	45.00	3.00	5.00
990722 BREAKFAST GRAB-N-GO SNACK BAG- COOKIES AND CREAM	1 BAR 1 CRACKER	1	250	172	*9	7.50	43.00	5.00	5.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
Weighted Daily Average			1500	803	*185	16.60	317.32	18.89	26.53
% of Calories					*49.3%	10.0%	84.6%		7.1%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Thursday - 04/29/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
Weighted Daily Average			1687	1264	*170	31.26	333.85	19.71	35.53
% of Calories					*40.3%	16.7%	79.2%		8.4%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Friday - 04/30/2021

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990725 MINI BAGEL, PILLSBURY, STAWBERRY CREAM	1 PACKAGE	1	230	180	13	6.00	41.00	2.00	6.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990604 BISCUIT, CHICKEN (DISTANT LEARNERS, COVID)	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990103 MUFFIN, APPLE CINNAMON	1 MUFFIN	1	260	240	20	8.99	41.94	2.00	4.99
990104 MUFFIN, BANANA	1 MUFFIN	1	250	200	21	6.99	42.94	2.00	4.00
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
Weighted Daily Average			3526	3376	*326	73.35	672.77	40.57	68.13
% of Calories					*37.0%	18.7%	76.3%		7.7%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Monday - 05/03/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00



# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2109	1621	*235	31.10	441.99	25.65	35.53
% of Calories					*44.6%	13.3%	83.8%		6.7%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Tuesday - 05/04/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
Weighted Daily Average			877	1241	*108	15.77	155.57	4.68	29.62
% of Calories					*49.3%	16.2%	71.0%		13.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

### Wednesday - 05/05/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990255 PANCAKES, MINI BLUEBERRY	POUCH	1	230	330	16	6.00	38.00	3.00	5.00
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	108	8	1.51	22.26	2.10	2.55
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	1	6	0.11	23.63	*N/A*	2.58
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	146	10	1.46	25.38	1.95	1.95
990253 CEREAL, TRIX	EACH	1	111	142	7	1.01	24.30	1.01	1.01
990036 CEREAL, RAISIN BRAN	EACH	1	110	125	10	0.50	27.00	4.00	3.00
990252 CEREAL, HONEY NUT CHEX	EACH	1	123	195	9	0.51	27.78	1.03	2.06
990035 CEREAL, FRUIT LOOPS	EACH	1	110	170	8	1.00	24.00	3.00	2.00
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	160	6	3.00	22.00	3.00	1.00
990034 CEREAL, FROSTED FLAKES	EACH	1	100	160	7	0.00	24.00	2.00	2.00
990039 CEREAL, COCO PUFFS	EACH	1	104	151	8	1.42	23.62	1.89	1.89

# Base Menu Spreadsheet

## Portion Values

990037 CEREAL, APPLE JACKS	EACH	1	110	160	8	1.00	24.00	3.00	2.00
990032 CEREAL, APPLE CINNAMON CHEERIOS	EACH	1	110	110	10	1.50	23.00	2.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2762	2619	*280	30.63	596.97	*40.64	51.56
% of Calories					*40.6%	10.0%	86.5%		7.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Thursday - 05/06/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1555	1303	*179	23.22	319.47	17.67	30.50
% of Calories					*46.0%	13.4%	82.2%		7.8%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Friday - 05/07/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990103 MUFFIN, APPLE CINNAMON	1 MUFFIN	1	260	240	20	8.99	41.94	2.00	4.99
990104 MUFFIN, BANANA	1 MUFFIN	1	250	200	21	6.99	42.94	2.00	4.00
990251 MUFFIN, CHERRY	1 MUFFIN	1	230	240	16	7.00	39.00	0.00	4.00
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990604 BISCUIT, CHICKEN (DISTANT LEARNERS, COVID)	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990129 POPTART,	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

CINNAMON									
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990103 MUFFIN, APPLE CINNAMON	1 MUFFIN	1	260	240	20	8.99	41.94	2.00	4.99
990104 MUFFIN, BANANA	1 MUFFIN	1	250	200	21	6.99	42.94	2.00	4.00
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
Weighted Daily Average			4487	4197	*396	99.37	846.04	51.60	83.16
% of Calories					*35.3%	19.9%	75.4%		7.4%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Monday - 05/10/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990731 BURRITO, BREAKFAST	1 BURRITO	1	210	300	1	10.00	20.00	0.00	9.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00



# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
Weighted Daily Average			2113	1610	*225	33.10	427.89	24.48	39.51
% of Calories					*42.6%	14.1%	81.0%		7.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Tuesday - 05/11/2021

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990032 CEREAL, APPLE CINNAMON CHEERIOS	EACH	1	110	110	10	1.50	23.00	2.00	2.00
990037 CEREAL, APPLE JACKS	EACH	1	110	160	8	1.00	24.00	3.00	2.00
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	160	6	3.00	22.00	3.00	1.00
990039 CEREAL, COCO PUFFS	EACH	1	104	151	8	1.42	23.62	1.89	1.89
990034 CEREAL, FROSTED FLAKES	EACH	1	100	160	7	0.00	24.00	2.00	2.00
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	1	6	0.11	23.63	*N/A*	2.58
990035 CEREAL, FRUIT LOOPS	EACH	1	110	170	8	1.00	24.00	3.00	2.00
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	146	10	1.46	25.38	1.95	1.95
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	108	8	1.51	22.26	2.10	2.55
990252 CEREAL, HONEY NUT CHEX	EACH	1	123	195	9	0.51	27.78	1.03	2.06
990036 CEREAL, RAISIN BRAN	EACH	1	110	125	10	0.50	27.00	4.00	3.00
990253 CEREAL, TRIX	EACH	1	111	142	7	1.01	24.30	1.01	1.01
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49

# Base Menu Spreadsheet

## Portion Values

000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
Weighted Daily Average			2629	3304	*233	41.30	528.55	*35.67	60.66
% of Calories					*35.5%	14.1%	80.4%		9.2%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Wednesday - 05/12/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990723 BREAKFAST GRAB-N-GO SNACK BAG- CHOCOLATE	1 BAR 1 CRACKER	1	260	305	*12	6.50	45.00	3.00	5.00
990722 BREAKFAST GRAB-N-GO SNACK BAG- COOKIES AND CREAM	1 BAR 1 CRACKER	1	250	172	*9	7.50	43.00	5.00	5.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
Weighted Daily Average			1500	803	*185	16.60	317.32	18.89	26.53
% of Calories					*49.3%	10.0%	84.6%		7.1%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Thursday - 05/13/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
Weighted Daily Average			1687	1264	*170	31.26	333.85	19.71	35.53
% of Calories					*40.3%	16.7%	79.2%		8.4%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Friday - 05/14/2021

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990725 MINI BAGEL, PILLSBURY, STAWBERRY CREAM	1 PACKAGE	1	230	180	13	6.00	41.00	2.00	6.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990604 BISCUIT, CHICKEN (DISTANT LEARNERS, COVID)	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00

# Base Menu Spreadsheet

Feb 22, 2021 thru May 25, 2021

## Portion Values

990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990103 MUFFIN, APPLE CINNAMON	1 MUFFIN	1	260	240	20	8.99	41.94	2.00	4.99
990104 MUFFIN, BANANA	1 MUFFIN	1	250	200	21	6.99	42.94	2.00	4.00
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
Weighted Daily Average			3526	3376	*326	73.35	672.77	40.57	68.13
% of Calories					*37.0%	18.7%	76.3%		7.7%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Monday - 05/17/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00

# Base Menu Spreadsheet

## Portion Values

990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00



# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2109	1621	*235	31.10	441.99	25.65	35.53
% of Calories					*44.6%	13.3%	83.8%		6.7%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Tuesday - 05/18/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
Weighted Daily Average			877	1241	*108	15.77	155.57	4.68	29.62
% of Calories					*49.3%	16.2%	71.0%		13.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Wednesday - 05/19/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990255 PANCAKES, MINI BLUEBERRY	POUCH	1	230	330	16	6.00	38.00	3.00	5.00
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	108	8	1.51	22.26	2.10	2.55
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	1	6	0.11	23.63	*N/A*	2.58
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	146	10	1.46	25.38	1.95	1.95
990253 CEREAL, TRIX	EACH	1	111	142	7	1.01	24.30	1.01	1.01
990036 CEREAL, RAISIN BRAN	EACH	1	110	125	10	0.50	27.00	4.00	3.00
990252 CEREAL, HONEY NUT CHEX	EACH	1	123	195	9	0.51	27.78	1.03	2.06
990035 CEREAL, FRUIT LOOPS	EACH	1	110	170	8	1.00	24.00	3.00	2.00
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	160	6	3.00	22.00	3.00	1.00
990034 CEREAL, FROSTED FLAKES	EACH	1	100	160	7	0.00	24.00	2.00	2.00
990039 CEREAL, COCO PUFFS	EACH	1	104	151	8	1.42	23.62	1.89	1.89

# Base Menu Spreadsheet

## Portion Values

990037 CEREAL, APPLE JACKS	EACH	1	110	160	8	1.00	24.00	3.00	2.00
990032 CEREAL, APPLE CINNAMON CHEERIOS	EACH	1	110	110	10	1.50	23.00	2.00	2.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			2762	2619	*280	30.63	596.97	*40.64	51.56
% of Calories					*40.6%	10.0%	86.5%		7.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Thursday - 05/20/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1555	1303	*179	23.22	319.47	17.67	30.50
% of Calories					*46.0%	13.4%	82.2%		7.8%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Friday - 05/21/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990103 MUFFIN, APPLE CINNAMON	1 MUFFIN	1	260	240	20	8.99	41.94	2.00	4.99
990104 MUFFIN, BANANA	1 MUFFIN	1	250	200	21	6.99	42.94	2.00	4.00
990251 MUFFIN, CHERRY	1 MUFFIN	1	230	240	16	7.00	39.00	0.00	4.00
990154 CEREAL BAR, CINN TOAST CRUNCH	1 BAR	1	151	116	8	3.02	30.19	3.02	3.02
990155 CEREAL BAR, COCO PUFF	1 BAR	1	151	101	9	3.02	30.19	3.02	3.02
990157 CEREAL BAR, TRIX	1 BAR	1	150	105	9	3.00	30.00	3.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00

# Base Menu Spreadsheet

## Portion Values

990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	11	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
990604 BISCUIT, CHICKEN (DISTANT LEARNERS, COVID)	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990727 MINI FRENCH TOAST, CINNAMON	1 pouch	1	220	200	11	7.00	37.00	2.00	4.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990129 POPTART,	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00

# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

CINNAMON									
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990103 MUFFIN, APPLE CINNAMON	1 MUFFIN	1	260	240	20	8.99	41.94	2.00	4.99
990104 MUFFIN, BANANA	1 MUFFIN	1	250	200	21	6.99	42.94	2.00	4.00
990127 CINNI MINI	1 PACK	1	240	300	15	8.00	40.00	2.00	5.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49
Weighted Daily Average			4487	4197	*396	99.37	846.04	51.60	83.16
% of Calories					*35.3%	19.9%	75.4%		7.4%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Monday - 05/24/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990731 BURRITO, BREAKFAST	1 BURRITO	1	210	300	1	10.00	20.00	0.00	9.00
990115 POPTART, STRAWBERRY	1 PACKAGE	1	180	180	15	2.50	38.00	3.00	2.00
990129 POPTART, CINNAMON	1 PACKAGE	1	180	190	15	2.50	37.00	3.00	2.00
990128 POPTART, CHOCOLATE	1 PACKAGE	1	180	190	16	3.00	38.00	3.00	3.00
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00

# Base Menu Spreadsheet

## Portion Values

990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	2	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	7	4	0.00	18.49	1.32	0.00
990603 BERRY BREAKFAST CUP USDA (DISTANT LEARNERS, COVID)	1/2 CUP	1	100	0	18	0.00	22.33	2.23	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	0.00	29.15	3.98	0.00
990197 PINEAPPLE, TIDBITS, CANNED	1/2 CUP	1	72	1	17	0.10	18.87	0.96	0.50
Weighted Daily Average			2113	1610	*225	33.10	427.89	24.48	39.51
% of Calories					*42.6%	14.1%	81.0%		7.5%
Weekly Nutrient Guideline			400 - 500	540		<=0			

Tuesday - 05/25/2021

Reimbursable Meal Total 1



# Base Menu Spreadsheet

## Portion Values

Feb 22, 2021 thru May 25, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990093 BISCUIT, CHICKEN	1 BISCUIT	1	301	933	3	13.05	31.10	2.01	13.12
990032 CEREAL, APPLE CINNAMON CHEERIOS	EACH	1	110	110	10	1.50	23.00	2.00	2.00
990037 CEREAL, APPLE JACKS	EACH	1	110	160	8	1.00	24.00	3.00	2.00
990033 CEREAL, CINNAMON TOAST CRUNCH	EACH	1	110	160	6	3.00	22.00	3.00	1.00
990039 CEREAL, COCO PUFFS	EACH	1	104	151	8	1.42	23.62	1.89	1.89
990034 CEREAL, FROSTED FLAKES	EACH	1	100	160	7	0.00	24.00	2.00	2.00
990041 CEREAL, FROSTED MINI WHEATS	EACH	1	98	1	6	0.11	23.63	*N/A*	2.58
990035 CEREAL, FRUIT LOOPS	EACH	1	110	170	8	1.00	24.00	3.00	2.00
990038 CEREAL, FRUITY CHEERIOS	EACH	1	117	146	10	1.46	25.38	1.95	1.95
990040 CEREAL, HONEY NUT CHEERIOS	EACH	1	108	108	8	1.51	22.26	2.10	2.55
990252 CEREAL, HONEY NUT CHEX	EACH	1	123	195	9	0.51	27.78	1.03	2.06
990036 CEREAL, RAISIN BRAN	EACH	1	110	125	10	0.50	27.00	4.00	3.00
990253 CEREAL, TRIX	EACH	1	111	142	7	1.01	24.30	1.01	1.01
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7	3.00	20.00	2.00	2.00
990047 CRACKERS, HONEY GRAHAMS 3CT	PACKS	1	110	140	7	3.00	20.00	1.00	2.00
990048 CRACKERS, LEMON DINOSAUR GRAHAMS	PACKS	1	110	100	7	3.50	21.00	2.00	1.00
990049 CRACKERS, STRAWBERRY DINOSAUR GRAHAMS	PACKS	1	110	95	7	3.00	21.00	1.00	2.00
000229 FRUIT, FRESH ASST	1/2 cup	1	55	2	*5	0.22	14.46	2.67	0.49

# Base Menu Spreadsheet

## Portion Values

000026 MILK - 1% LOWFAT	HALF PINT	1	110	130	12	2.50	13.00	0.00	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	130	12	0.00	13.01	0.00	8.00
990488 JUICE, APPLE, SHELF STABLE, 4 OZ	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990484 JUICE, FRUIT PUNCH, SHELF STABLE	1/2 CUP	1	60	5	14	0.00	15.00	0.00	0.00
990487 JUICE, FRUIT BLEND VERY BERRY, SHELF STABLE	1/2 CUP	1	60	10	15	0.00	17.00	0.00	0.00
990486 JUICE, GRAPE, SHELF STABLE	1/2 CUP	1	80	10	19	0.00	20.00	0.00	0.00
990485 JUICE, ORANGE TANGERINE, SHELF STABLE	1/2 CUP	1	60	10	13	0.00	15.00	0.00	0.00
Weighted Daily Average			2629	3304	*233	41.30	528.55	*35.67	60.66
% of Calories					*35.5%	14.1%	80.4%		9.2%
Weekly Nutrient Guideline			400 - 500	540		<=0			

			Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			2011	1881	*201	34.72	399.27	*24.12	40.91
% of Calories					*40.0%	15.5%	79.4%		8.1%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.