

2022 SPRING BREAKFAST MENU HIGH SCHOOLS

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Menu Dates: 1/31-2/4, 2/14-2/18 (Holiday 2/18), 2/28-3/4, 3/14-3/18 (Learn@Home 3/14), 3/28-4/1, 4/18-4/22, 5/2-5/6

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Biscuit Cereal Bar w/ Breakfast Cracker Frudel	Cinni Minis Berry-licious Parfait Muffin	Sausage Biscuit Breakfast Snack Bag Cereal w/ Breakfast Cracker	Strawberry Banana Smoothie w/ Breakfast Cracker Breakfast Pizza Bagel Breakfast Crackers	Bacon & Cheese Croissant Mini Waffles Cinnamon Bun
Fresh Fruit Chilled Juice	Fresh Fruit Chilled Juice	Fresh Fruit Chilled Juice	Fresh Fruit	Fresh Fruit Chilled Juice
Milk*	Milk*	Milk*	Chilled Juice Milk*	Milk*

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Menu Dates: 2/7-2/11, 2/21-2/25 (Holiday 2/21 & Learn@Home 2/22), 3/7-3/11 (Holiday 3/11), 3/21-3/25, 4/11-4/15 (Holiday 4/11 & 4/15), 4/25-4/29, 5/9-5/13 National School Breakfast Week is 3/7-3/9 (see NSBW specialty menu)

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Biscuit Cereal w/ Breakfast Cracker Uncrustable	Watermelon Smoothie w/ Breakfast Cracker Pancake & Sausage Wrap Breakfast Crackers	Sausage Biscuit Strawberry Bagels Cereal Bar w/ Breakfast Cracker	Mini Glazed Donuts Breakfast Burrito Breakfast Snack Bag	Ham & Cheese Croissant Cinnamon Toast Breakfast Bar Mini Pancakes
3/7 NSBW Specialty Menu	3/8 NSBW Specialty Menu	3/9 NSBW Specialty Menu	Fresh Fruit	Fresh Fruit
Fresh Fruit	Fresh Fruit	Fresh Fruit	Chilled Juice	Chilled Juice
Chilled Juice	Chilled Juice	Chilled Juice	Milk*	Milk*
Milk*	Milk*	Milk*		

*Indicates use of locally and Georgia grown/produced products and ingredients when available Wellness Matters! Learn more about Richmond County's wellness plans & how to participate at: <u>https://richmondcountynutritionservices.com/wellness-policy/</u>

Menus may change based on daily availability.

Offer Vs Serve -- Must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate and grain, fruit, juice, and milk. This institution is an equal opportunity provider.

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