

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

**Menu Name:** LUNCH MIDDLE AND K8

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 01/31/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	440	11	18.56	43.06	2.00	24.06
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990381 SALAD, CRISPY CHICKEN CAESAR ES/MS	each	1	427	2	28.79	22.57	6.32	22.10
990068 BEANS, BAKED	1/2 CUP	1	111	11	0.00	23.30	4.44	3.33
990055 POTATOES, FRESH BAKED SWEET 1/2 EACH	1/2 EACH	1	108	*1	1.92	*21.27	*3.18	*1.98
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1665	*89	54.77	*207.69	*18.25	*85.48
% of Calories				*21.4%	29.6%	*49.9%		*20.5%
Weekly Nutrient Guideline			600 - 650		<=0			

### Tuesday - 02/01/2022

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	280	4	9.50	28.00	3.00	22.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
990701 CHICKEN, NUGGETS	5	1	160	1	6.00	13.00	1.00	14.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1212	*82	32.02	158.47	*12.48	74.20
% of Calories				*27.1%	23.8%	52.3%		24.5%
Weekly Nutrient Guideline			600 - 650		<=0			

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

### Wednesday - 02/02/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990270 BAKED SPAGHETTI	1 CUP	1	370	*5	15.05	38.56	*4.90	51.08
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	421	*27	16.93	*54.41	5.00	16.39
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	402	*25	16.00	52.89	6.00	15.54
990307 CORN, ITALIAN, CANNED	1/2 CUP	1	*4	*0	*0.44	*0.02	*0.01	*0.00
990070 SALAD, CRISP GARDEN	1 CUP	1	24	*1	0.37	4.84	2.35	1.84
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			*1790	*118	*53.79	*244.88	*22.22	*116.86
% of Calories				*26.4%	*27.0%	*54.7%		*26.1%
Weekly Nutrient Guideline			600 - 650		<=0			

### Thursday - 02/03/2022

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
990260 SUB, COMBO ES/MS	SANDWICH	1	272	4	11.02	28.63	2.00	16.02
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY, DOD	1/2 cup	1	25	3	0.09	5.79	2.04	0.45
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1262	*90	40.90	161.58	*12.16	61.93
% of Calories				*28.5%	29.2%	51.2%		19.6%
Weekly Nutrient Guideline			600 - 650		<=0			

Friday - 02/04/2022

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990815 BREADSTICK, PEPPERONI PIZZA	1 BREADSTICK	1	320	6	13.74	31.95	3.99	16.99
990412 ES/MS MACARONI & CHEESE	4 OZ	1	261	*3	19.81	*17.50	*1.31	*13.13
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990202 BROCCOLI, RANCH	1/2 CUP	1	28	*1	0.00	4.67	*3.20	3.20
990808 POTATO, ROASTED, GARLIC	1/2 CUP	1	111	*1	2.33	20.89	*1.50	2.44
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1295	*77	41.61	*168.48	*13.68	*70.26
% of Calories				*23.8%	28.9%	*52.0%		*21.7%
Weekly Nutrient Guideline			600 - 650		<=0			

Monday - 02/07/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990326 SALAD, SOUTHWEST ES/MS	SALADS	1	*388	*3	*23.54	*32.77	*4.69	*17.49
990316 NACHOS, BEEF	1 SERVING	1	411	*0	27.43	17.68	1.61	19.27

# Base Menu Spreadsheet

## Portion Values

SUPREME (BEEF AND CHEESE) ES/MS									
990089 BEANS, CHEESY DIP W. CHIPS	1/2 CUP	1	238	3	8.92	30.41	9.54	13.03	
990092 CORN, SEASONED, FROZEN	1/2 CUP	1	121	*7	4.54	*15.77	*1.95	*2.93	
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49	
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00	
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00	
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00	
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00	
Weighted Daily Average			*1664	*78	*69.64	*176.10	*20.46	*85.22	
% of Calories				*18.8%	*37.7%	*42.3%		*20.5%	
Weekly Nutrient Guideline			600 - 650		<=0				

Tuesday - 02/08/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000145 CHEESEBURGER	EACH	1	320	5	12.54	29.01	3.00	25.54
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001440 SUB, TURKEY ES/MS	SANDWICH	1	416	7	9.67	57.88	5.85	24.74
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY,	1/2 cup	1	25	3	0.09	5.79	2.04	0.45

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

DOD								
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1463	*90	38.37	196.42	*19.25	87.03
% of Calories				*24.6%	23.6%	53.7%		23.8%
Weekly Nutrient Guideline			600 - 650		<=0			

### Wednesday - 02/09/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990816 SANDWICH, SLOPPY JOE	1 SANDWICH	1	325	*6	13.27	33.77	3.17	50.09
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	328	1	20.28	19.81	4.00	17.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990054 SALAD, ROMAINE & SPINACH	1 CUP	1	30	2	0.48	5.49	2.94	2.81
000523 SWEET POTATO SOUFFLE	1/2 CUP	1	157	*21	3.56	*29.64	*1.51	*0.76

# Base Menu Spreadsheet

## Portion Values

990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1480	*90	43.10	*196.86	*16.60	*104.66
% of Calories				*24.3%	26.2%	*53.2%		*28.3%
Weekly Nutrient Guideline			600 - 650		<=0			

Thursday - 02/10/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	360	5	9.50	41.00	3.00	27.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001444 TURKEY, HOTDOG	2 oz	1	279	*5	10.00	34.00	2.00	13.00
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00



# Base Menu Spreadsheet

## Portion Values

990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
Weighted Daily Average			1638	*116	35.53	256.59	*20.17	76.22
% of Calories				*28.3%	19.5%	62.7%		18.6%
Weekly Nutrient Guideline			600 - 650		<=0			

## Friday - 02/11/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990784 MOZZARELLA CHEESE STICKS, CHEESE FILLED MAXSTIX	2 Sticks	1	314	8	12.35	36.31	4.46	14.46
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	566	18	26.00	66.88	*6.80	20.80
001075 POTATO, MASHED	1/2 CUP	1	92	*0	2.23	*14.29	*0.60	*1.19

# Base Menu Spreadsheet

## Portion Values

990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	*1	0.44	*4.46	*2.97	*1.48
990625 STRAWBERRY DELIGHT HS 1 CUP	1 cup	1	324	69	1.00	74.87	3.89	1.94
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1663	*138	47.02	*242.81	*18.71	*63.88
% of Calories				*33.2%	25.4%	*58.4%		*15.4%
Weekly Nutrient Guideline			600 - 650		<=0			

## Monday - 02/14/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	440	11	18.56	43.06	2.00	24.06
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990381 SALAD, CRISPY CHICKEN CAESAR ES/MS	each	1	427	2	28.79	22.57	6.32	22.10
990068 BEANS, BAKED	1/2 CUP	1	111	11	0.00	23.30	4.44	3.33
990055 POTATOES, FRESH BAKED SWEET 1/2 EACH	1/2 EACH	1	108	*1	1.92	*21.27	*3.18	*1.98
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00

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## Portion Values

990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990179 COOKIE DOUGH, SUGAR	1 COOKIE	1	150	12	4.50	26.00	2.00	2.00
Weighted Daily Average			1815	*101	59.27	*233.69	*20.25	*87.48
% of Calories				*22.3%	29.4%	*51.5%		*19.3%
Weekly Nutrient Guideline			600 - 650		<=0			

## Tuesday - 02/15/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	280	4	9.50	28.00	3.00	22.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
990701 CHICKEN, NUGGETS	5	1	160	1	6.00	13.00	1.00	14.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

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## Portion Values

990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1212	*82	32.02	158.47	*12.48	74.20
% of Calories				*27.1%	23.8%	52.3%		24.5%
Weekly Nutrient Guideline			600 - 650		<=0			

## Wednesday - 02/16/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990270 BAKED SPAGHETTI	1 CUP	1	370	*5	15.05	38.56	*4.90	51.08
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	421	*27	16.93	*54.41	5.00	16.39
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	402	*25	16.00	52.89	6.00	15.54
990307 CORN, ITALIAN, CANNED	1/2 CUP	1	*4	*0	*0.44	*0.02	*0.01	*0.00
990070 SALAD, CRISP GARDEN	1 CUP	1	24	*1	0.37	4.84	2.35	1.84
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

Weighted Daily Average			*1790	*118	*53.79	*244.88	*22.22	*116.86
% of Calories				*26.4%	*27.0%	*54.7%		*26.1%
Weekly Nutrient Guideline			600 - 650		<=0			

Thursday - 02/17/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
990260 SUB, COMBO ES/MS	SANDWICH	1	272	4	11.02	28.63	2.00	16.02
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY, DOD	1/2 cup	1	25	3	0.09	5.79	2.04	0.45
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1262	*90	40.90	161.58	*12.16	61.93
% of Calories				*28.5%	29.2%	51.2%		19.6%
Weekly Nutrient Guideline			600 - 650		<=0			

### Friday - 02/18/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990815 BREADSTICK, PEPPERONI PIZZA	1 BREADSTICK	1	320	6	13.74	31.95	3.99	16.99
990412 ES/MS MACARONI & CHEESE	4 OZ	1	261	*3	19.81	*17.50	*1.31	*13.13
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990202 BROCCOLI, RANCH	1/2 CUP	1	28	*1	0.00	4.67	*3.20	3.20
990808 POTATO, ROASTED, GARLIC	1/2 CUP	1	111	*1	2.33	20.89	*1.50	2.44
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1295	*77	41.61	*168.48	*13.68	*70.26
% of Calories				*23.8%	28.9%	*52.0%		*21.7%
Weekly Nutrient Guideline			600 - 650		<=0			

### Monday - 02/21/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990326 SALAD, SOUTHWEST ES/MS	SALADS	1	*388	*3	*23.54	*32.77	*4.69	*17.49
990316 NACHOS, BEEF SUPREME (BEEF AND CHEESE) ES/MS	1 SERVING	1	411	*0	27.43	17.68	1.61	19.27
990089 BEANS, CHEESY DIP W. CHIPS	1/2 CUP	1	238	3	8.92	30.41	9.54	13.03
990092 CORN, SEASONED, FROZEN	1/2 CUP	1	121	*7	4.54	*15.77	*1.95	*2.93
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			*1664	*78	*69.64	*176.10	*20.46	*85.22
% of Calories				*18.8%	*37.7%	*42.3%		*20.5%
Weekly Nutrient Guideline			600 - 650		<=0			

### Tuesday - 02/22/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000145 CHEESEBURGER	EACH	1	320	5	12.54	29.01	3.00	25.54
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001440 SUB, TURKEY ES/MS	SANDWICH	1	416	7	9.67	57.88	5.85	24.74
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY, DOD	1/2 cup	1	25	3	0.09	5.79	2.04	0.45
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00



# Base Menu Spreadsheet

## Portion Values

990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1463	*90	38.37	196.42	*19.25	87.03
% of Calories				*24.6%	23.6%	53.7%		23.8%
Weekly Nutrient Guideline			600 - 650		<=0			

## Wednesday - 02/23/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990816 SANDWICH, SLOPPY JOE	1 SANDWICH	1	325	*6	13.27	33.77	3.17	50.09
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	328	1	20.28	19.81	4.00	17.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990054 SALAD, ROMAINE & SPINACH	1 CUP	1	30	2	0.48	5.49	2.94	2.81
000523 SWEET POTATO SOUFFLE	1/2 CUP	1	157	*21	3.56	*29.64	*1.51	*0.76
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1480	*90	43.10	*196.86	*16.60	*104.66
% of Calories				*24.3%	26.2%	*53.2%		*28.3%
Weekly Nutrient Guideline			600 - 650		<=0			

### Thursday - 02/24/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	360	5	9.50	41.00	3.00	27.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001444 TURKEY, HOTDOG	2 oz	1	279	*5	10.00	34.00	2.00	13.00
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
Weighted Daily Average			1638	*116	35.53	256.59	*20.17	76.22
% of Calories				*28.3%	19.5%	62.7%		18.6%
Weekly Nutrient Guideline			600 - 650		<=0			

## Friday - 02/25/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990784 MOZZARELLA CHEESE STICKS, CHEESE FILLED MAXSTIX	2 Sticks	1	314	8	12.35	36.31	4.46	14.46
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	566	18	26.00	66.88	*6.80	20.80
001075 POTATO, MASHED	1/2 CUP	1	92	*0	2.23	*14.29	*0.60	*1.19
990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	*1	0.44	*4.46	*2.97	*1.48
990625 STRAWBERRY DELIGHT HS 1 CUP	1 cup	1	324	69	1.00	74.87	3.89	1.94
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1663	*138	47.02	*242.81	*18.71	*63.88
% of Calories				*33.2%	25.4%	*58.4%		*15.4%
Weekly Nutrient Guideline			600 - 650		<=0			

## Monday - 02/28/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	440	11	18.56	43.06	2.00	24.06
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990381 SALAD, CRISPY CHICKEN CAESAR ES/MS	each	1	427	2	28.79	22.57	6.32	22.10
990068 BEANS, BAKED	1/2 CUP	1	111	11	0.00	23.30	4.44	3.33
990055 POTATOES, FRESH BAKED SWEET 1/2 EACH	1/2 EACH	1	108	*1	1.92	*21.27	*3.18	*1.98
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1665	*89	54.77	*207.69	*18.25	*85.48
% of Calories				*21.4%	29.6%	*49.9%		*20.5%
Weekly Nutrient Guideline			600 - 650		<=0			

## Tuesday - 03/01/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	280	4	9.50	28.00	3.00	22.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
990701 CHICKEN, NUGGETS	5	1	160	1	6.00	13.00	1.00	14.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK,	HALF PINT	1	110	18	0.00	19.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

STRAWBERRY SKIM								
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1212	*82	32.02	158.47	*12.48	74.20
% of Calories				*27.1%	23.8%	52.3%		24.5%
Weekly Nutrient Guideline			600 - 650		<=0			

### Wednesday - 03/02/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990270 BAKED SPAGHETTI	1 CUP	1	370	*5	15.05	38.56	*4.90	51.08
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	421	*27	16.93	*54.41	5.00	16.39
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	402	*25	16.00	52.89	6.00	15.54
990307 CORN, ITALIAN, CANNED	1/2 CUP	1	*4	*0	*0.44	*0.02	*0.01	*0.00
990070 SALAD, CRISP GARDEN	1 CUP	1	24	*1	0.37	4.84	2.35	1.84
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			*1790	*118	*53.79	*244.88	*22.22	*116.86
% of Calories				*26.4%	*27.0%	*54.7%		*26.1%
Weekly Nutrient Guideline			600 - 650		<=0			

Thursday - 03/03/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
990260 SUB, COMBO ES/MS	SANDWICH	1	272	4	11.02	28.63	2.00	16.02
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY, DOD	1/2 cup	1	25	3	0.09	5.79	2.04	0.45
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990390 SAUCE,	POUCH	1	10	2	0.00	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

KETCHUP IND PKS								
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1262	*90	40.90	161.58	*12.16	61.93
% of Calories				*28.5%	29.2%	51.2%		19.6%
Weekly Nutrient Guideline			600 - 650		<=0			

## Friday - 03/04/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990815 BREADSTICK, PEPPERONI PIZZA	1 BREADSTICK	1	320	6	13.74	31.95	3.99	16.99
990412 ES/MS MACARONI & CHEESE	4 OZ	1	261	*3	19.81	*17.50	*1.31	*13.13
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990202 BROCCOLI, RANCH	1/2 CUP	1	28	*1	0.00	4.67	*3.20	3.20
990808 POTATO, ROASTED, GARLIC	1/2 CUP	1	111	*1	2.33	20.89	*1.50	2.44
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00



# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1295	*77	41.61	*168.48	*13.68	*70.26
% of Calories				*23.8%	28.9%	*52.0%		*21.7%
Weekly Nutrient Guideline			600 - 650		<=0			

### Monday - 03/07/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990326 SALAD, SOUTHWEST ES/MS	SALADS	1	*388	*3	*23.54	*32.77	*4.69	*17.49
990316 NACHOS, BEEF SUPREME (BEEF AND CHEESE) ES/MS	1 SERVING	1	411	*0	27.43	17.68	1.61	19.27
990089 BEANS, CHEESY DIP W. CHIPS	1/2 CUP	1	238	3	8.92	30.41	9.54	13.03
990092 CORN, SEASONED, FROZEN	1/2 CUP	1	121	*7	4.54	*15.77	*1.95	*2.93
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			*1664	*78	*69.64	*176.10	*20.46	*85.22
% of Calories				*18.8%	*37.7%	*42.3%		*20.5%
Weekly Nutrient Guideline			600 - 650		<=0			

### Tuesday - 03/08/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000145 CHEESEBURGER	EACH	1	320	5	12.54	29.01	3.00	25.54
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001440 SUB, TURKEY ES/MS	SANDWICH	1	416	7	9.67	57.88	5.85	24.74
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY, DOD	1/2 cup	1	25	3	0.09	5.79	2.04	0.45
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1463	*90	38.37	196.42	*19.25	87.03
% of Calories				*24.6%	23.6%	53.7%		23.8%
Weekly Nutrient Guideline			600 - 650		<=0			

## Wednesday - 03/09/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990816 SANDWICH, SLOPPY JOE	1 SANDWICH	1	325	*6	13.27	33.77	3.17	50.09
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	328	1	20.28	19.81	4.00	17.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990054 SALAD, ROMAINE & SPINACH	1 CUP	1	30	2	0.48	5.49	2.94	2.81
000523 SWEET POTATO SOUFFLE	1/2 CUP	1	157	*21	3.56	*29.64	*1.51	*0.76
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1480	*90	43.10	*196.86	*16.60	*104.66
% of Calories				*24.3%	26.2%	*53.2%		*28.3%
Weekly Nutrient Guideline			600 - 650		<=0			

Thursday - 03/10/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	360	5	9.50	41.00	3.00	27.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001444 TURKEY, HOTDOG	2 oz	1	279	*5	10.00	34.00	2.00	13.00
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
Weighted Daily Average			1638	*116	35.53	256.59	*20.17	76.22
% of Calories				*28.3%	19.5%	62.7%		18.6%
Weekly Nutrient Guideline			600 - 650		<=0			

## Friday - 03/11/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650		<=0			

## Monday - 03/14/2022

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650		<=0			

## Tuesday - 03/15/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	280	4	9.50	28.00	3.00	22.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
990701 CHICKEN, NUGGETS	5	1	160	1	6.00	13.00	1.00	14.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK,	HALF PINT	1	110	18	0.00	19.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

STRAWBERRY SKIM								
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1212	*82	32.02	158.47	*12.48	74.20
% of Calories				*27.1%	23.8%	52.3%		24.5%
Weekly Nutrient Guideline			600 - 650		<=0			

## Wednesday - 03/16/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990270 BAKED SPAGHETTI	1 CUP	1	370	*5	15.05	38.56	*4.90	51.08
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	421	*27	16.93	*54.41	5.00	16.39
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	402	*25	16.00	52.89	6.00	15.54
990307 CORN, ITALIAN, CANNED	1/2 CUP	1	*4	*0	*0.44	*0.02	*0.01	*0.00
990070 SALAD, CRISP GARDEN	1 CUP	1	24	*1	0.37	4.84	2.35	1.84
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			*1790	*118	*53.79	*244.88	*22.22	*116.86
% of Calories				*26.4%	*27.0%	*54.7%		*26.1%
Weekly Nutrient Guideline			600 - 650		<=0			

Thursday - 03/17/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
990260 SUB, COMBO ES/MS	SANDWICH	1	272	4	11.02	28.63	2.00	16.02
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY, DOD	1/2 cup	1	25	3	0.09	5.79	2.04	0.45
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990390 SAUCE,	POUCH	1	10	2	0.00	3.00	0.00	0.00



# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

KETCHUP IND PKS								
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990179 COOKIE DOUGH, SUGAR	1 COOKIE	1	150	12	4.50	26.00	2.00	2.00
Weighted Daily Average			1412	*102	45.40	187.58	*14.16	63.93
% of Calories				*28.9%	28.9%	53.1%		18.1%
Weekly Nutrient Guideline			600 - 650		<=0			

Friday - 03/18/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990815 BREADSTICK, PEPPERONI PIZZA	1 BREADSTICK	1	320	6	13.74	31.95	3.99	16.99
990412 ES/MS MACARONI & CHEESE	4 OZ	1	261	*3	19.81	*17.50	*1.31	*13.13
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990202 BROCCOLI, RANCH	1/2 CUP	1	28	*1	0.00	4.67	*3.20	3.20
990808 POTATO, ROASTED, GARLIC	1/2 CUP	1	111	*1	2.33	20.89	*1.50	2.44
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1295	*77	41.61	*168.48	*13.68	*70.26
% of Calories				*23.8%	28.9%	*52.0%		*21.7%
Weekly Nutrient Guideline			600 - 650		<=0			

### Monday - 03/21/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990326 SALAD, SOUTHWEST ES/MS	SALADS	1	*388	*3	*23.54	*32.77	*4.69	*17.49
990316 NACHOS, BEEF SUPREME (BEEF AND CHEESE) ES/MS	1 SERVING	1	411	*0	27.43	17.68	1.61	19.27
990089 BEANS, CHEESY DIP W. CHIPS	1/2 CUP	1	238	3	8.92	30.41	9.54	13.03
990092 CORN, SEASONED, FROZEN	1/2 CUP	1	121	*7	4.54	*15.77	*1.95	*2.93
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			*1664	*78	*69.64	*176.10	*20.46	*85.22
% of Calories				*18.8%	*37.7%	*42.3%		*20.5%
Weekly Nutrient Guideline			600 - 650		<=0			

### Tuesday - 03/22/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000145 CHEESEBURGER	EACH	1	320	5	12.54	29.01	3.00	25.54
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001440 SUB, TURKEY ES/MS	SANDWICH	1	416	7	9.67	57.88	5.85	24.74
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY, DOD	1/2 cup	1	25	3	0.09	5.79	2.04	0.45
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1463	*90	38.37	196.42	*19.25	87.03
% of Calories				*24.6%	23.6%	53.7%		23.8%
Weekly Nutrient Guideline			600 - 650		<=0			

## Wednesday - 03/23/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990816 SANDWICH, SLOPPY JOE	1 SANDWICH	1	325	*6	13.27	33.77	3.17	50.09
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	328	1	20.28	19.81	4.00	17.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990054 SALAD, ROMAINE & SPINACH	1 CUP	1	30	2	0.48	5.49	2.94	2.81
000523 SWEET POTATO SOUFFLE	1/2 CUP	1	157	*21	3.56	*29.64	*1.51	*0.76
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1480	*90	43.10	*196.86	*16.60	*104.66
% of Calories				*24.3%	26.2%	*53.2%		*28.3%
Weekly Nutrient Guideline			600 - 650		<=0			

### Thursday - 03/24/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	360	5	9.50	41.00	3.00	27.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001444 TURKEY, HOTDOG	2 oz	1	279	*5	10.00	34.00	2.00	13.00
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
Weighted Daily Average			1638	*116	35.53	256.59	*20.17	76.22
% of Calories				*28.3%	19.5%	62.7%		18.6%
Weekly Nutrient Guideline			600 - 650		<=0			

## Friday - 03/25/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990784 MOZZARELLA CHEESE STICKS, CHEESE FILLED MAXSTIX	2 Sticks	1	314	8	12.35	36.31	4.46	14.46
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	566	18	26.00	66.88	*6.80	20.80
001075 POTATO, MASHED	1/2 CUP	1	92	*0	2.23	*14.29	*0.60	*1.19
990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	*1	0.44	*4.46	*2.97	*1.48
990625 STRAWBERRY DELIGHT HS 1 CUP	1 cup	1	324	69	1.00	74.87	3.89	1.94
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1663	*138	47.02	*242.81	*18.71	*63.88
% of Calories				*33.2%	25.4%	*58.4%		*15.4%
Weekly Nutrient Guideline			600 - 650		<=0			

## Monday - 03/28/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	440	11	18.56	43.06	2.00	24.06
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990381 SALAD, CRISPY CHICKEN CAESAR ES/MS	each	1	427	2	28.79	22.57	6.32	22.10
990068 BEANS, BAKED	1/2 CUP	1	111	11	0.00	23.30	4.44	3.33
990055 POTATOES, FRESH BAKED SWEET 1/2 EACH	1/2 EACH	1	108	*1	1.92	*21.27	*3.18	*1.98
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1665	*89	54.77	*207.69	*18.25	*85.48
% of Calories				*21.4%	29.6%	*49.9%		*20.5%
Weekly Nutrient Guideline			600 - 650		<=0			

**Tuesday - 03/29/2022**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	280	4	9.50	28.00	3.00	22.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
990701 CHICKEN, NUGGETS	5	1	160	1	6.00	13.00	1.00	14.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK,	HALF PINT	1	110	18	0.00	19.00	0.00	8.00



# Base Menu Spreadsheet

## Portion Values

STRAWBERRY SKIM								
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1212	*82	32.02	158.47	*12.48	74.20
% of Calories				*27.1%	23.8%	52.3%		24.5%
Weekly Nutrient Guideline			600 - 650		<=0			

## Wednesday - 03/30/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990270 BAKED SPAGHETTI	1 CUP	1	370	*5	15.05	38.56	*4.90	51.08
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	421	*27	16.93	*54.41	5.00	16.39
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	402	*25	16.00	52.89	6.00	15.54
990307 CORN, ITALIAN, CANNED	1/2 CUP	1	*4	*0	*0.44	*0.02	*0.01	*0.00
990070 SALAD, CRISP GARDEN	1 CUP	1	24	*1	0.37	4.84	2.35	1.84
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			*1790	*118	*53.79	*244.88	*22.22	*116.86
% of Calories				*26.4%	*27.0%	*54.7%		*26.1%
Weekly Nutrient Guideline			600 - 650		<=0			

Thursday - 03/31/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
990260 SUB, COMBO ES/MS	SANDWICH	1	272	4	11.02	28.63	2.00	16.02
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY, DOD	1/2 cup	1	25	3	0.09	5.79	2.04	0.45
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990390 SAUCE,	POUCH	1	10	2	0.00	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

KETCHUP IND PKS								
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1262	*90	40.90	161.58	*12.16	61.93
% of Calories				*28.5%	29.2%	51.2%		19.6%
Weekly Nutrient Guideline			600 - 650		<=0			

## Friday - 04/01/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990815 BREADSTICK, PEPPERONI PIZZA	1 BREADSTICK	1	320	6	13.74	31.95	3.99	16.99
990412 ES/MS MACARONI & CHEESE	4 OZ	1	261	*3	19.81	*17.50	*1.31	*13.13
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990202 BROCCOLI, RANCH	1/2 CUP	1	28	*1	0.00	4.67	*3.20	3.20
990808 POTATO, ROASTED, GARLIC	1/2 CUP	1	111	*1	2.33	20.89	*1.50	2.44
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1295	*77	41.61	*168.48	*13.68	*70.26
% of Calories				*23.8%	28.9%	*52.0%		*21.7%
Weekly Nutrient Guideline			600 - 650		<=0			

### Monday - 04/04/2022

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650		<=0			

### Tuesday - 04/05/2022

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650		<=0			

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

### Wednesday - 04/06/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650		<=0			

### Thursday - 04/07/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650		<=0			

### Friday - 04/08/2022

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650		<=0			

### Monday - 04/11/2022

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650		<=0			

### Tuesday - 04/12/2022

#### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000145 CHEESEBURGER	EACH	1	320	5	12.54	29.01	3.00	25.54
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001440 SUB, TURKEY ES/MS	SANDWICH	1	416	7	9.67	57.88	5.85	24.74
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70

# Base Menu Spreadsheet

## Portion Values

990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY, DOD	1/2 cup	1	25	3	0.09	5.79	2.04	0.45
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1463	*90	38.37	196.42	*19.25	87.03
% of Calories				*24.6%	23.6%	53.7%		23.8%
Weekly Nutrient Guideline			600 - 650		<=0			

### Wednesday - 04/13/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990816 SANDWICH, SLOPPY JOE	1 SANDWICH	1	325	*6	13.27	33.77	3.17	50.09
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	328	1	20.28	19.81	4.00	17.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990054 SALAD, ROMAINE	1 CUP	1	30	2	0.48	5.49	2.94	2.81

# Base Menu Spreadsheet

## Portion Values

& SPINACH								
000523 SWEET POTATO SOUFFLE	1/2 CUP	1	157	*21	3.56	*29.64	*1.51	*0.76
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1480	*90	43.10	*196.86	*16.60	*104.66
% of Calories				*24.3%	26.2%	*53.2%		*28.3%
Weekly Nutrient Guideline			600 - 650		<=0			

Thursday - 04/14/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	360	5	9.50	41.00	3.00	27.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001444 TURKEY, HOTDOG	2 oz	1	279	*5	10.00	34.00	2.00	13.00
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1%	HALF PINT	1	110	12	2.50	13.00	0.00	8.00



# Base Menu Spreadsheet

## Portion Values

LOWFAT								
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
990179 COOKIE DOUGH, SUGAR	1 COOKIE	1	150	12	4.50	26.00	2.00	2.00
Weighted Daily Average			1788	*128	40.03	282.59	*22.17	78.22
% of Calories				*28.6%	20.1%	63.2%		17.5%
Weekly Nutrient Guideline			600 - 650		<=0			

Friday - 04/15/2022

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990114 HOLIDAY - NO SCHOOL	1	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			0	0	0	0	0	0
% of Calories				0%	0%	0%		0%
Weekly Nutrient Guideline			600 - 650		<=0			

### Monday - 04/18/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	440	11	18.56	43.06	2.00	24.06
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990381 SALAD, CRISPY CHICKEN CAESAR ES/MS	each	1	427	2	28.79	22.57	6.32	22.10
990068 BEANS, BAKED	1/2 CUP	1	111	11	0.00	23.30	4.44	3.33
990055 POTATOES, FRESH BAKED SWEET 1/2 EACH	1/2 EACH	1	108	*1	1.92	*21.27	*3.18	*1.98
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1665	*89	54.77	*207.69	*18.25	*85.48
% of Calories				*21.4%	29.6%	*49.9%		*20.5%
Weekly Nutrient Guideline			600 - 650		<=0			

**Tuesday - 04/19/2022**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	280	4	9.50	28.00	3.00	22.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
990701 CHICKEN, NUGGETS	5	1	160	1	6.00	13.00	1.00	14.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK,	HALF PINT	1	110	18	0.00	19.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

STRAWBERRY SKIM								
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1212	*82	32.02	158.47	*12.48	74.20
% of Calories				*27.1%	23.8%	52.3%		24.5%
Weekly Nutrient Guideline			600 - 650		<=0			

## Wednesday - 04/20/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990270 BAKED SPAGHETTI	1 CUP	1	370	*5	15.05	38.56	*4.90	51.08
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	421	*27	16.93	*54.41	5.00	16.39
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	402	*25	16.00	52.89	6.00	15.54
990307 CORN, ITALIAN, CANNED	1/2 CUP	1	*4	*0	*0.44	*0.02	*0.01	*0.00
990070 SALAD, CRISP GARDEN	1 CUP	1	24	*1	0.37	4.84	2.35	1.84
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			*1790	*118	*53.79	*244.88	*22.22	*116.86
% of Calories				*26.4%	*27.0%	*54.7%		*26.1%
Weekly Nutrient Guideline			600 - 650		<=0			

Thursday - 04/21/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
990260 SUB, COMBO ES/MS	SANDWICH	1	272	4	11.02	28.63	2.00	16.02
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY, DOD	1/2 cup	1	25	3	0.09	5.79	2.04	0.45
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990390 SAUCE,	POUCH	1	10	2	0.00	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

KETCHUP IND PKS								
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1262	*90	40.90	161.58	*12.16	61.93
% of Calories				*28.5%	29.2%	51.2%		19.6%
Weekly Nutrient Guideline			600 - 650		<=0			

## Friday - 04/22/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990815 BREADSTICK, PEPPERONI PIZZA	1 BREADSTICK	1	320	6	13.74	31.95	3.99	16.99
990412 ES/MS MACARONI & CHEESE	4 OZ	1	261	*3	19.81	*17.50	*1.31	*13.13
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990202 BROCCOLI, RANCH	1/2 CUP	1	28	*1	0.00	4.67	*3.20	3.20
990808 POTATO, ROASTED, GARLIC	1/2 CUP	1	111	*1	2.33	20.89	*1.50	2.44
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1295	*77	41.61	*168.48	*13.68	*70.26
% of Calories				*23.8%	28.9%	*52.0%		*21.7%
Weekly Nutrient Guideline			600 - 650		<=0			

### Monday - 04/25/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990326 SALAD, SOUTHWEST ES/MS	SALADS	1	*388	*3	*23.54	*32.77	*4.69	*17.49
990316 NACHOS, BEEF SUPREME (BEEF AND CHEESE) ES/MS	1 SERVING	1	411	*0	27.43	17.68	1.61	19.27
990089 BEANS, CHEESY DIP W. CHIPS	1/2 CUP	1	238	3	8.92	30.41	9.54	13.03
990092 CORN, SEASONED, FROZEN	1/2 CUP	1	121	*7	4.54	*15.77	*1.95	*2.93
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			*1664	*78	*69.64	*176.10	*20.46	*85.22
% of Calories				*18.8%	*37.7%	*42.3%		*20.5%
Weekly Nutrient Guideline			600 - 650		<=0			

**Tuesday - 04/26/2022**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000145 CHEESEBURGER	EACH	1	320	5	12.54	29.01	3.00	25.54
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001440 SUB, TURKEY ES/MS	SANDWICH	1	416	7	9.67	57.88	5.85	24.74
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY, DOD	1/2 cup	1	25	3	0.09	5.79	2.04	0.45
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00



# Base Menu Spreadsheet

## Portion Values

990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1463	*90	38.37	196.42	*19.25	87.03
% of Calories				*24.6%	23.6%	53.7%		23.8%
Weekly Nutrient Guideline			600 - 650		<=0			

## Wednesday - 04/27/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990816 SANDWICH, SLOPPY JOE	1 SANDWICH	1	325	*6	13.27	33.77	3.17	50.09
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	328	1	20.28	19.81	4.00	17.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990054 SALAD, ROMAINE & SPINACH	1 CUP	1	30	2	0.48	5.49	2.94	2.81
000523 SWEET POTATO SOUFFLE	1/2 CUP	1	157	*21	3.56	*29.64	*1.51	*0.76
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1480	*90	43.10	*196.86	*16.60	*104.66
% of Calories				*24.3%	26.2%	*53.2%		*28.3%
Weekly Nutrient Guideline			600 - 650		<=0			

Thursday - 04/28/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	360	5	9.50	41.00	3.00	27.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001444 TURKEY, HOTDOG	2 oz	1	279	*5	10.00	34.00	2.00	13.00
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

990237 SAUCE, MAYONNAISE, LIGHT, INDV	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
Weighted Daily Average			1638	*116	35.53	256.59	*20.17	76.22
% of Calories				*28.3%	19.5%	62.7%		18.6%
Weekly Nutrient Guideline			600 - 650		<=0			

## Friday - 04/29/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990784 MOZZARELLA CHEESE STICKS, CHEESE FILLED MAXSTIX	2 Sticks	1	314	8	12.35	36.31	4.46	14.46
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	566	18	26.00	66.88	*6.80	20.80
001075 POTATO, MASHED	1/2 CUP	1	92	*0	2.23	*14.29	*0.60	*1.19
990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	*1	0.44	*4.46	*2.97	*1.48
990625 STRAWBERRY DELIGHT HS 1 CUP	1 cup	1	324	69	1.00	74.87	3.89	1.94
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1663	*138	47.02	*242.81	*18.71	*63.88
% of Calories				*33.2%	25.4%	*58.4%		*15.4%
Weekly Nutrient Guideline			600 - 650		<=0			

## Monday - 05/02/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990259 PORK, BBQ SANDWICH (PURCHASED)	SANDWICH	1	440	11	18.56	43.06	2.00	24.06
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990381 SALAD, CRISPY CHICKEN CAESAR ES/MS	each	1	427	2	28.79	22.57	6.32	22.10
990068 BEANS, BAKED	1/2 CUP	1	111	11	0.00	23.30	4.44	3.33
990055 POTATOES, FRESH BAKED SWEET 1/2 EACH	1/2 EACH	1	108	*1	1.92	*21.27	*3.18	*1.98
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1665	*89	54.77	*207.69	*18.25	*85.48
% of Calories				*21.4%	29.6%	*49.9%		*20.5%
Weekly Nutrient Guideline			600 - 650		<=0			

## Tuesday - 05/03/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	280	4	9.50	28.00	3.00	22.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
990701 CHICKEN, NUGGETS	5	1	160	1	6.00	13.00	1.00	14.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK,	HALF PINT	1	110	18	0.00	19.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

STRAWBERRY SKIM								
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1212	*82	32.02	158.47	*12.48	74.20
% of Calories				*27.1%	23.8%	52.3%		24.5%
Weekly Nutrient Guideline			600 - 650		<=0			

### Wednesday - 05/04/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990270 BAKED SPAGHETTI	1 CUP	1	370	*5	15.05	38.56	*4.90	51.08
990177 BENTO BOX-CHEDDAR CHEESE	1 BOX	1	421	*27	16.93	*54.41	5.00	16.39
990268 BENTO BOX-COLBY CHEESE	1 BOX	1	402	*25	16.00	52.89	6.00	15.54
990307 CORN, ITALIAN, CANNED	1/2 CUP	1	*4	*0	*0.44	*0.02	*0.01	*0.00
990070 SALAD, CRISP GARDEN	1 CUP	1	24	*1	0.37	4.84	2.35	1.84
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			*1790	*118	*53.79	*244.88	*22.22	*116.86
% of Calories				*26.4%	*27.0%	*54.7%		*26.1%
Weekly Nutrient Guideline			600 - 650		<=0			

Thursday - 05/05/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	9	14.00	27.00	1.00	10.00
990260 SUB, COMBO ES/MS	SANDWICH	1	272	4	11.02	28.63	2.00	16.02
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY, DOD	1/2 cup	1	25	3	0.09	5.79	2.04	0.45
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990390 SAUCE,	POUCH	1	10	2	0.00	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

KETCHUP IND PKS								
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1262	*90	40.90	161.58	*12.16	61.93
% of Calories				*28.5%	29.2%	51.2%		19.6%
Weekly Nutrient Guideline			600 - 650		<=0			

## Friday - 05/06/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990815 BREADSTICK, PEPPERONI PIZZA	1 BREADSTICK	1	320	6	13.74	31.95	3.99	16.99
990412 ES/MS MACARONI & CHEESE	4 OZ	1	261	*3	19.81	*17.50	*1.31	*13.13
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990202 BROCCOLI, RANCH	1/2 CUP	1	28	*1	0.00	4.67	*3.20	3.20
990808 POTATO, ROASTED, GARLIC	1/2 CUP	1	111	*1	2.33	20.89	*1.50	2.44
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00



# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1295	*77	41.61	*168.48	*13.68	*70.26
% of Calories				*23.8%	28.9%	*52.0%		*21.7%
Weekly Nutrient Guideline			600 - 650		<=0			

### Monday - 05/09/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990326 SALAD, SOUTHWEST ES/MS	SALADS	1	*388	*3	*23.54	*32.77	*4.69	*17.49
990316 NACHOS, BEEF SUPREME (BEEF AND CHEESE) ES/MS	1 SERVING	1	411	*0	27.43	17.68	1.61	19.27
990089 BEANS, CHEESY DIP W. CHIPS	1/2 CUP	1	238	3	8.92	30.41	9.54	13.03
990092 CORN, SEASONED, FROZEN	1/2 CUP	1	121	*7	4.54	*15.77	*1.95	*2.93
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

Jan 31, 2022 thru May 13, 2022

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			*1664	*78	*69.64	*176.10	*20.46	*85.22
% of Calories				*18.8%	*37.7%	*42.3%		*20.5%
Weekly Nutrient Guideline			600 - 650		<=0			

Tuesday - 05/10/2022

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
000145 CHEESEBURGER	EACH	1	320	5	12.54	29.01	3.00	25.54
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001440 SUB, TURKEY ES/MS	SANDWICH	1	416	7	9.67	57.88	5.85	24.74
990263 SUB FIXINS	EACH	1	18	*1	0.20	4.09	1.43	0.70
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	*6	6.37	13.10	3.02	1.76
990338 CARROTS, BABY, DOD	1/2 cup	1	25	3	0.09	5.79	2.04	0.45
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
Weighted Daily Average			1463	*90	38.37	196.42	*19.25	87.03
% of Calories				*24.6%	23.6%	53.7%		23.8%
Weekly Nutrient Guideline			600 - 650		<=0			

## Wednesday - 05/11/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990816 SANDWICH, SLOPPY JOE	1 SANDWICH	1	325	*6	13.27	33.77	3.17	50.09
990135 CHICKEN, TENDERS BOOM BOOM	3 TENDERS	1	328	1	20.28	19.81	4.00	17.00
990773 BREADSTICK, LOCO-324/1 OZ	1 BREADSTICK	1	70	0	0.50	14.00	1.00	2.00
990054 SALAD, ROMAINE & SPINACH	1 CUP	1	30	2	0.48	5.49	2.94	2.81
000523 SWEET POTATO SOUFFLE	1/2 CUP	1	157	*21	3.56	*29.64	*1.51	*0.76
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
Weighted Daily Average			1480	*90	43.10	*196.86	*16.60	*104.66
% of Calories				*24.3%	26.2%	*53.2%		*28.3%
Weekly Nutrient Guideline			600 - 650		<=0			

### Thursday - 05/12/2022

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	360	5	9.50	41.00	3.00	27.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	*0	0.27	3.58	1.23	0.84
001444 TURKEY, HOTDOG	2 oz	1	279	*5	10.00	34.00	2.00	13.00
990463 VEGGIES, FRESH, RED PEPPERS AND CELERY	1/2 CUP	1	43	*5	0.45	9.18	3.20	1.87
990805 CUCUMBERS, FRESH, SLICED	1/2 CUP	1	81	4	6.08	7.74	0.38	0.49
000229 FRUIT, FRESH ASST	1/2 cup	1	55	*5	0.22	14.46	2.67	0.49
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
990029 MILK, STRAWBERRY SKIM	HALF PINT	1	110	18	0.00	19.00	0.00	8.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	2	0.00	3.00	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	0	4.00	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	0	0.00	0.50	0.00	0.50
990201 APPLES, SLICED USDA CANNED, CINNAMON	1/2 CUP	1	67	14	0.00	16.43	1.40	0.02
990198 APPLESAUCE, CANNED, USDA	1/2 CUP	1	51	11	0.00	14.05	0.99	0.00
990332 PEACHES, DICED CANNED	1/2 cup	1	59	4	0.00	18.49	1.32	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	*N/A*	0.00	29.15	3.98	0.00
Weighted Daily Average			1638	*116	35.53	256.59	*20.17	76.22
% of Calories				*28.3%	19.5%	62.7%		18.6%
Weekly Nutrient Guideline			600 - 650		<=0			

## Friday - 05/13/2022

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990784 MOZZARELLA CHEESE STICKS, CHEESE FILLED MAXSTIX	2 Sticks	1	314	8	12.35	36.31	4.46	14.46
990527 SANDWICH, PBJ (Elem/Middle)	1 SANDWICH	1	566	18	26.00	66.88	*6.80	20.80
001075 POTATO, MASHED	1/2 CUP	1	92	*0	2.23	*14.29	*0.60	*1.19
990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	*1	0.44	*4.46	*2.97	*1.48
990625 STRAWBERRY DELIGHT HS 1 CUP	1 cup	1	324	69	1.00	74.87	3.89	1.94
000026 MILK - 1% LOWFAT	HALF PINT	1	110	12	2.50	13.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	18	2.50	20.00	*N/A*	8.00
990166 MILK, LACTOSE FREE PET	1 HALF PINT	1	90	12	0.00	13.01	0.00	8.00
Weighted Daily Average			1663	*138	47.02	*242.81	*18.71	*63.88
% of Calories				*33.2%	25.4%	*58.4%		*15.4%
Weekly Nutrient Guideline			600 - 650		<=0			

			Cals <sup>1</sup> (kcal)	Sugars (g)	T-Fat (g)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			*1330	*85	*39.90	*177.04	*15.30	*73.17
% of Calories				*25.6%	*27.0%	*53.2%		*22.0%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.